

West Point, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:40	2.2	4:50	1.9	11:33	0.2	11:35	0.0	7:21	4:59	
2	Fri	5:36	2.3	5:50	1.9			12:38	0.2	7:22	5:00	
3	Sat	6:39	2.5	6:57	1.9	12:32	-0.1	1:42	0.1	7:22	5:01	
4	Sun	7:40	2.6	7:59	1.9	1:31	-0.1	2:43	0.0	7:22	5:02	
5	Mon	8:39	2.8	8:58	2.0	2:29	-0.3	3:42	-0.2	7:22	5:02	
6	Tue	9:36	3.0	9:55	2.2	3:28	-0.4	4:38	-0.3	7:22	5:03	
7	Wed	10:31	3.2	10:51	2.3	4:26	-0.5	5:30	-0.4	7:22	5:04	
8	Thu	11:24	3.2	11:44	2.4	5:23	-0.6	6:19	-0.5	7:22	5:05	
9	Fri			12:15	3.2	6:17	-0.6	7:06	-0.5	7:22	5:06	
10	Sat	12:37	2.5	1:05	3.1	7:11	-0.6	7:53	-0.5	7:22	5:07	
11	Sun	1:30	2.6	1:56	2.9	8:07	-0.5	8:43	-0.5	7:21	5:08	
12	Mon	2:25	2.6	2:47	2.6	9:08	-0.4	9:33	-0.4	7:21	5:09	
13	Tue	3:21	2.6	3:38	2.4	10:11	-0.2	10:24	-0.3	7:21	5:10	
14	Wed	4:16	2.6	4:31	2.1	11:15	-0.1	11:17	-0.3	7:21	5:11	
15	Thu	5:17	2.5	5:30	1.9			12:21	0.0	7:20	5:12	
16	Fri	6:26	2.4	6:37	1.8	12:13	-0.2	1:26	0.0	7:20	5:13	
17	Sat	7:32	2.4	7:41	1.8	1:10	-0.1	2:26	0.1	7:20	5:14	
18	Sun	8:27	2.4	8:36	1.8	2:06	-0.1	3:20	0.0	7:19	5:15	
19	Mon	9:16	2.4	9:26	1.9	2:59	-0.1	4:10	0.0	7:19	5:16	
20	Tue	10:00	2.5	10:12	2.0	3:49	-0.2	4:54	-0.1	7:18	5:17	
21	Wed	10:39	2.5	10:54	2.1	4:35	-0.2	5:32	-0.1	7:18	5:18	
22	Thu	11:15	2.6	11:32	2.1	5:17	-0.2	6:05	-0.2	7:17	5:19	
23	Fri	11:48	2.5			5:55	-0.2	6:36	-0.2	7:17	5:20	
24	Sat	12:08	2.2	12:20	2.5	6:31	-0.2	7:05	-0.2	7:16	5:22	
25	Sun	12:43	2.2	12:53	2.4	7:06	-0.2	7:34	-0.2	7:15	5:23	
26	Mon	1:18	2.2	1:27	2.3	7:43	-0.1	8:05	-0.2	7:15	5:24	
27	Tue	1:54	2.2	2:03	2.2	8:23	-0.1	8:39	-0.2	7:14	5:25	
28	Wed	2:32	2.3	2:42	2.1	9:08	0.0	9:17	-0.1	7:13	5:26	
29	Thu	3:13	2.3	3:24	2.0	9:58	0.1	10:02	-0.1	7:13	5:27	
30	Fri	3:59	2.3	4:13	1.9	10:55	0.1	10:53	-0.1	7:12	5:28	
31	Sat	4:53	2.3	5:11	1.8			12:01	0.1	7:11	5:29	