

West Point, VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:26	2.6	4:47	2.0	11:36	0.2	11:31	0.0	6:38	6:00	
2	Mon	5:35	2.6	6:01	2.0			12:50	0.2	6:37	6:01	
3	Tue	6:54	2.7	7:18	2.1	12:45	0.0	1:58	0.1	6:35	6:02	
4	Wed	8:04	2.9	8:26	2.4	1:58	-0.1	2:59	0.0	6:34	6:03	
5	Thu	9:05	3.0	9:26	2.6	3:04	-0.3	3:54	-0.2	6:33	6:04	
6	Fri	10:00	3.1	10:21	2.9	4:06	-0.4	4:45	-0.3	6:31	6:05	
7	Sat	10:51	3.2	11:11	3.1	5:04	-0.5	5:31	-0.4	6:30	6:06	
8	Sun	11:38	3.1	11:59	3.2	5:56	-0.5	6:14	-0.4	6:28	6:07	
9	Mon			12:24	3.0	6:46	-0.5	6:56	-0.4	6:27	6:08	
10	Tue	12:46	3.3	1:09	2.8	7:35	-0.3	7:39	-0.3	6:25	6:09	
11	Wed	1:33	3.2	1:54	2.6	8:26	-0.2	8:23	-0.2	6:24	6:10	
12	Thu	2:21	3.0	2:41	2.4	9:20	0.0	9:12	0.0	6:22	6:11	
13	Fri	3:10	2.8	3:29	2.2	10:15	0.2	10:04	0.1	6:21	6:12	
14	Sat	4:01	2.6	4:21	2.1	11:14	0.3	11:01	0.2	6:19	6:13	
15	Sun	4:59	2.4	5:23	2.0			12:17	0.4	6:18	6:14	
16	Mon	6:13	2.3	6:37	2.0	12:04	0.3	1:20	0.4	6:16	6:14	
17	Tue	7:25	2.3	7:42	2.1	1:10	0.3	2:14	0.4	6:15	6:15	
18	Wed	8:18	2.4	8:33	2.3	2:09	0.3	3:00	0.3	6:13	6:16	
19	Thu	9:02	2.5	9:18	2.4	3:01	0.2	3:41	0.3	6:12	6:17	
20	Fri	9:41	2.6	9:58	2.6	3:48	0.1	4:18	0.2	6:10	6:18	
21	Sat	10:17	2.7	10:34	2.8	4:32	0.1	4:52	0.1	6:09	6:19	
22	Sun	10:52	2.7	11:09	2.9	5:12	0.0	5:24	0.0	6:07	6:20	
23	Mon	11:26	2.7	11:42	3.0	5:50	0.0	5:55	0.0	6:06	6:21	
24	Tue	11:59	2.7			6:25	0.0	6:25	0.0	6:04	6:22	
25	Wed	12:16	3.0	12:34	2.6	7:01	0.0	6:58	0.0	6:03	6:23	
26	Thu	12:52	3.1	1:12	2.6	7:40	0.0	7:35	0.0	6:01	6:24	
27	Fri	1:33	3.0	1:55	2.5	8:24	0.1	8:19	0.1	6:00	6:25	
28	Sat	2:19	3.0	2:42	2.4	9:16	0.2	9:11	0.1	5:58	6:25	
29	Sun	3:12	2.9	3:36	2.3	10:16	0.3	10:13	0.2	5:57	6:26	
30	Mon	4:11	2.9	4:37	2.3	11:22	0.3	11:23	0.2	5:55	6:27	
31	Tue	5:20	2.8	5:50	2.4			12:31	0.3	5:54	6:28	