US HARBORS www.USHarbors.com

West Point, VA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:57	3.0	11:14	2.4	4:59	-0.4	5:47	-0.4	7:21	4:59	
2	Fri	11:41	3.0	11:59	2.4	5:47	-0.4	6:30	-0.4	7:22	5:00	
3	Sat			12:22	2.9	6:31	-0.4	7:10	-0.3	7:22	5:00	
4	Sun	12:43	2.4	1:01	2.7	7:13	-0.3	7:49	-0.3	7:22	5:01	
5	Mon	1:25	2.3	1:41	2.6	7:56	-0.2	8:28	-0.2	7:22	5:02	
6	Tue	2:08	2.3	2:22	2.4	8:42	0.0	9:07	-0.1	7:22	5:03	
7	Wed	2:50	2.2	3:03	2.2	9:30	0.1	9:47	-0.1	7:22	5:04	
8	Thu	3:33	2.2	3:46	2.1	10:20	0.1	10:29	0.0	7:22	5:05	
9	Fri	4:17	2.1	4:32	1.9	11:14	0.2	11:14	0.0	7:22	5:06	
10	Sat	5:08	2.1	5:25	1.8			12:13	0.2	7:22	5:07	
11	Sun	6:07	2.1	6:27	1.8	12:05	0.0	1:13	0.2	7:21	5:08	
12	Mon	7:07	2.2	7:27	1.8	12:59	0.0	2:08	0.1	7:21	5:08	
13	Tue	8:01	2.4	8:20	1.9	1:53	-0.1	2:59	0.0	7:21	5:09	
14	Wed	8:50	2.5	9:10	2.0	2:44	-0.2	3:48	-0.1	7:21	5:10	
15	Thu	9:37	2.7	9:58	2.2	3:35	-0.3	4:34	-0.2	7:20	5:11	
16	Fri	10:22	2.8	10:44	2.3	4:25	-0.4	5:18	-0.3	7:20	5:13	
17	Sat	11:06	2.9	11:30	2.5	5:14	-0.5	5:59	-0.4	7:20	5:14	
18	Sun	11:50	3.0			6:00	-0.6	6:41	-0.5	7:19	5:15	
19	Mon	12:15	2.6	12:35	3.0	6:48	-0.6	7:23	-0.5	7:19	5:16	
20	Tue	1:03	2.7	1:22	2.9	7:37	-0.5	8:09	-0.5	7:19	5:17	
21	Wed	1:53	2.7	2:11	2.7	8:32	-0.4	8:59	-0.5	7:18	5:18	
22	Thu	2:46	2.7	3:03	2.5	9:32	-0.3	9:52	-0.4	7:18	5:19	
23	Fri	3:41	2.7	3:57	2.3	10:35	-0.2	10:49	-0.4	7:17	5:20	
24	Sat	4:41	2.6	4:57	2.1	11:42	-0.1	11:51	-0.3	7:16	5:21	
25	Sun	5:50	2.6	6:07	2.0			12:52	-0.1	7:16	5:22	
26	Mon	7:05	2.6	7:20	2.0	12:56	-0.3	1:58	-0.1	7:15	5:23	
27	Tue	8:11	2.6	8:25	2.1	2:00	-0.3	2:58	-0.2	7:14	5:24	
28	Wed	9:07	2.7	9:22	2.2	2:59	-0.4	3:53	-0.2	7:14	5:25	
29	Thu	9:58	2.7	10:13	2.3	3:55	-0.4	4:43	-0.3	7:13	5:27	
30	Fri	10:43	2.8	10:59	2.4	4:47	-0.4	5:27	-0.3	7:12	5:28	
31	Sat	11:23	2.7	11:40	2.4	5:33	-0.4	6:06	-0.4	7:11	5:29	