

West Point, VA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:35	2.7	11:51	2.7	5:55	-0.2	6:10	-0.2	6:37	6:01	
2	Tue			12:09	2.7	6:31	-0.2	6:41	-0.2	6:36	6:02	
3	Wed	12:24	2.7	12:43	2.6	7:05	-0.1	7:11	-0.1	6:35	6:03	
4	Thu	12:58	2.7	1:18	2.5	7:40	0.0	7:43	-0.1	6:33	6:04	
5	Fri	1:33	2.6	1:55	2.4	8:17	0.1	8:17	0.0	6:32	6:05	
6	Sat	2:10	2.6	2:34	2.3	8:57	0.1	8:57	0.1	6:30	6:05	
7	Sun	2:51	2.5	3:15	2.2	9:42	0.2	9:42	0.1	6:29	6:06	
8	Mon	3:35	2.5	4:01	2.1	10:33	0.3	10:34	0.2	6:27	6:07	
9	Tue	4:25	2.4	4:54	2.1	11:31	0.3	11:33	0.2	6:26	6:08	
10	Wed	5:24	2.4	5:58	2.1			12:35	0.3	6:24	6:09	
11	Thu	6:33	2.5	7:06	2.3	12:38	0.1	1:36	0.2	6:23	6:10	
12	Fri	7:38	2.7	8:06	2.5	1:43	0.0	2:32	0.1	6:22	6:11	
13	Sat	8:35	2.9	9:01	2.8	2:44	-0.1	3:25	-0.1	6:20	6:12	
14	Sun	9:29	3.0	9:53	3.0	3:41	-0.3	4:15	-0.2	6:19	6:13	
15	Mon	10:20	3.2	10:44	3.3	4:37	-0.4	5:04	-0.3	6:17	6:14	
16	Tue	11:10	3.2	11:34	3.4	5:30	-0.5	5:50	-0.4	6:16	6:15	
17	Wed	11:58	3.2			6:21	-0.5	6:36	-0.4	6:14	6:16	
18	Thu	12:23	3.5	12:47	3.1	7:12	-0.4	7:23	-0.4	6:13	6:17	
19	Fri	1:15	3.5	1:38	3.0	8:05	-0.3	8:14	-0.3	6:11	6:18	
20	Sat	2:09	3.3	2:32	2.8	9:03	-0.2	9:11	-0.2	6:09	6:19	
21	Sun	3:06	3.2	3:27	2.6	10:04	0.0	10:12	0.0	6:08	6:20	
22	Mon	4:05	3.0	4:27	2.5	11:07	0.1	11:17	0.1	6:06	6:20	
23	Tue	5:11	2.8	5:35	2.4			12:12	0.2	6:05	6:21	
24	Wed	6:26	2.7	6:51	2.4	12:26	0.1	1:15	0.2	6:03	6:22	
25	Thu	7:33	2.6	7:54	2.5	1:32	0.1	2:10	0.2	6:02	6:23	
26	Fri	8:27	2.7	8:46	2.7	2:31	0.1	3:00	0.2	6:00	6:24	
27	Sat	9:13	2.7	9:31	2.8	3:24	0.1	3:44	0.1	5:59	6:25	
28	Sun	9:54	2.8	10:11	2.9	4:11	0.1	4:25	0.1	5:57	6:26	
29	Mon	10:32	2.8	10:47	3.0	4:54	0.0	5:02	0.1	5:56	6:27	
30	Tue	11:07	2.8	11:21	3.0	5:33	0.0	5:35	0.0	5:54	6:28	
31	Wed	11:42	2.8	11:54	3.0	6:08	0.0	6:07	0.0	5:53	6:29	