

West Point, VA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:51	3.1	2:25	2.7	8:45	0.1	8:44	0.2	5:47	8:22	
2	Wed	2:33	3.1	3:10	2.7	9:28	0.1	9:35	0.2	5:46	8:23	
3	Thu	3:20	3.0	3:58	2.8	10:15	0.1	10:31	0.2	5:46	8:24	
4	Fri	4:09	3.0	4:48	2.9	11:05	0.1	11:31	0.2	5:46	8:24	
5	Sat	5:02	2.9	5:43	3.0	11:58	0.1			5:46	8:25	
6	Sun	6:00	2.8	6:44	3.1	12:36	0.2	12:54	0.1	5:45	8:25	
7	Mon	7:05	2.7	7:49	3.2	1:42	0.2	1:53	0.0	5:45	8:26	
8	Tue	8:12	2.7	8:50	3.4	2:47	0.1	2:52	0.0	5:45	8:26	
9	Wed	9:14	2.8	9:48	3.5	3:49	0.0	3:49	-0.1	5:45	8:27	
10	Thu	10:13	2.8	10:45	3.6	4:48	-0.1	4:47	-0.1	5:45	8:27	
11	Fri	11:11	2.9	11:40	3.6	5:45	-0.1	5:43	-0.2	5:45	8:28	
12	Sat			12:06	2.9	6:38	-0.2	6:37	-0.2	5:45	8:28	
13	Sun	12:32	3.6	12:58	2.9	7:26	-0.2	7:29	-0.1	5:45	8:29	
14	Mon	1:21	3.5	1:48	2.9	8:14	-0.1	8:19	0.0	5:45	8:29	
15	Tue	2:10	3.3	2:39	2.9	9:01	0.0	9:12	0.1	5:45	8:30	
16	Wed	2:58	3.1	3:30	2.8	9:49	0.1	10:08	0.2	5:45	8:30	
17	Thu	3:45	2.9	4:19	2.8	10:36	0.1	11:04	0.3	5:45	8:30	
18	Fri	4:32	2.7	5:06	2.7	11:22	0.2			5:45	8:31	
19	Sat	5:18	2.5	5:55	2.7	12:00	0.4	12:07	0.3	5:45	8:31	
20	Sun	6:09	2.4	6:49	2.7	12:56	0.4	12:52	0.3	5:45	8:31	
21	Mon	7:06	2.3	7:44	2.8	1:52	0.4	1:40	0.3	5:46	8:31	
22	Tue	8:04	2.3	8:35	2.8	2:45	0.4	2:27	0.3	5:46	8:31	
23	Wed	8:57	2.3	9:21	2.9	3:34	0.4	3:14	0.3	5:46	8:32	
24	Thu	9:45	2.4	10:04	3.0	4:21	0.3	4:00	0.3	5:46	8:32	
25	Fri	10:30	2.5	10:47	3.1	5:06	0.2	4:47	0.2	5:47	8:32	
26	Sat	11:15	2.5	11:28	3.2	5:49	0.2	5:33	0.1	5:47	8:32	
27	Sun	11:57	2.6			6:28	0.1	6:17	0.1	5:48	8:32	
28	Mon	12:09	3.2	12:39	2.7	7:06	0.0	7:00	0.1	5:48	8:32	
29	Tue	12:49	3.2	1:20	2.8	7:44	0.0	7:44	0.1	5:48	8:32	
30	Wed	1:30	3.2	2:04	2.9	8:23	0.0	8:30	0.1	5:49	8:32	