

West Point, VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:14	3.2	2:50	2.9	9:05	0.0	9:21	0.1	5:49	8:32	
2	Fri	3:02	3.1	3:39	3.0	9:51	0.0	10:18	0.1	5:50	8:32	
3	Sat	3:52	3.0	4:30	3.1	10:41	0.0	11:19	0.2	5:50	8:32	
4	Sun	4:44	2.9	5:24	3.1	11:34	0.0			5:51	8:31	
5	Mon	5:40	2.7	6:25	3.2	12:22	0.2	12:31	0.0	5:51	8:31	
6	Tue	6:44	2.6	7:31	3.3	1:29	0.2	1:31	0.0	5:52	8:31	
7	Wed	7:53	2.6	8:37	3.3	2:34	0.1	2:33	0.0	5:52	8:31	
8	Thu	8:59	2.6	9:37	3.4	3:36	0.1	3:33	0.0	5:53	8:30	
9	Fri	10:00	2.7	10:33	3.5	4:34	0.0	4:32	-0.1	5:54	8:30	
10	Sat	10:58	2.8	11:27	3.5	5:30	0.0	5:30	-0.1	5:54	8:30	
11	Sun	11:52	2.9			6:21	-0.1	6:24	-0.1	5:55	8:29	
12	Mon	12:16	3.4	12:41	3.0	7:07	-0.1	7:13	0.0	5:56	8:29	
13	Tue	1:01	3.3	1:28	3.0	7:50	-0.1	8:00	0.0	5:56	8:29	
14	Wed	1:44	3.2	2:13	3.0	8:31	0.0	8:47	0.2	5:57	8:28	
15	Thu	2:27	3.0	2:58	2.9	9:11	0.1	9:36	0.3	5:58	8:28	
16	Fri	3:10	2.9	3:42	2.9	9:52	0.2	10:27	0.4	5:58	8:27	
17	Sat	3:53	2.7	4:24	2.8	10:34	0.2	11:18	0.5	5:59	8:27	
18	Sun	4:36	2.5	5:07	2.8	11:15	0.3			6:00	8:26	
19	Mon	5:22	2.4	5:54	2.8	12:10	0.5	11:59 AM	0.4	6:01	8:25	
20	Tue	6:13	2.3	6:47	2.8	1:05	0.5	12:47	0.4	6:01	8:25	
21	Wed	7:13	2.3	7:45	2.8	2:01	0.5	1:39	0.4	6:02	8:24	
22	Thu	8:13	2.3	8:39	2.9	2:54	0.5	2:32	0.4	6:03	8:23	
23	Fri	9:07	2.4	9:28	3.0	3:43	0.4	3:24	0.3	6:04	8:23	
24	Sat	9:56	2.5	10:14	3.1	4:29	0.3	4:15	0.3	6:04	8:22	
25	Sun	10:43	2.7	10:59	3.2	5:14	0.2	5:05	0.2	6:05	8:21	
26	Mon	11:28	2.8	11:43	3.3	5:57	0.1	5:54	0.1	6:06	8:20	
27	Tue			12:13	3.0	6:38	0.0	6:41	0.0	6:07	8:19	
28	Wed	12:26	3.4	12:56	3.1	7:17	0.0	7:27	0.0	6:08	8:19	
29	Thu	1:10	3.4	1:41	3.2	7:57	-0.1	8:15	0.0	6:08	8:18	
30	Fri	1:55	3.3	2:29	3.3	8:40	-0.1	9:07	0.1	6:09	8:17	
31	Sat	2:43	3.2	3:19	3.4	9:27	-0.1	10:04	0.1	6:10	8:16	