

West Point, VA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:07	3.0	6:49	3.4	12:45	0.5	12:53	0.5	7:02	6:50	
2	Sat	7:24	3.0	7:59	3.3	1:48	0.5	2:02	0.5	7:03	6:48	
3	Sun	8:32	3.1	8:57	3.3	2:45	0.5	3:04	0.5	7:04	6:47	
4	Mon	9:26	3.3	9:45	3.3	3:35	0.5	4:00	0.5	7:05	6:45	
5	Tue	10:13	3.4	10:28	3.3	4:21	0.4	4:50	0.5	7:06	6:44	
6	Wed	10:54	3.5	11:07	3.3	5:02	0.4	5:36	0.4	7:07	6:42	
7	Thu	11:32	3.6	11:45	3.3	5:41	0.3	6:17	0.4	7:08	6:41	
8	Fri			12:07	3.6	6:16	0.3	6:55	0.4	7:09	6:40	
9	Sat	12:21	3.2	12:41	3.6	6:49	0.3	7:30	0.4	7:10	6:38	
10	Sun	12:57	3.2	1:14	3.5	7:21	0.4	8:04	0.5	7:11	6:37	
11	Mon	1:33	3.1	1:48	3.5	7:53	0.4	8:40	0.6	7:11	6:35	
12	Tue	2:11	3.0	2:25	3.4	8:27	0.5	9:19	0.6	7:12	6:34	
13	Wed	2:51	2.9	3:05	3.3	9:05	0.6	10:03	0.7	7:13	6:32	
14	Thu	3:35	2.8	3:49	3.2	9:51	0.6	10:51	0.7	7:14	6:31	
15	Fri	4:21	2.7	4:36	3.2	10:43	0.7	11:43	0.7	7:15	6:30	
16	Sat	5:11	2.7	5:28	3.1	11:41	0.7			7:16	6:28	
17	Sun	6:09	2.8	6:28	3.1	12:39	0.7	12:46	0.7	7:17	6:27	
18	Mon	7:13	2.9	7:33	3.2	1:36	0.6	1:52	0.6	7:18	6:26	
19	Tue	8:15	3.2	8:34	3.3	2:31	0.4	2:55	0.4	7:19	6:24	
20	Wed	9:10	3.5	9:29	3.4	3:22	0.3	3:54	0.3	7:20	6:23	
21	Thu	10:02	3.7	10:22	3.5	4:13	0.2	4:50	0.2	7:21	6:22	
22	Fri	10:54	4.0	11:14	3.5	5:03	0.0	5:46	0.0	7:22	6:20	
23	Sat	11:45	4.1			5:53	-0.1	6:39	0.0	7:23	6:19	
24	Sun	12:06	3.5	12:36	4.2	6:42	-0.1	7:30	0.0	7:24	6:18	
25	Mon	12:57	3.4	1:28	4.1	7:31	-0.1	8:22	0.0	7:25	6:17	
26	Tue	1:49	3.3	2:21	4.0	8:22	0.0	9:18	0.2	7:26	6:15	
27	Wed	2:45	3.2	3:18	3.8	9:18	0.1	10:18	0.3	7:27	6:14	
28	Thu	3:44	3.1	4:16	3.5	10:21	0.3	11:19	0.4	7:28	6:13	
29	Fri	4:45	3.0	5:16	3.3	11:28	0.4			7:29	6:12	
30	Sat	5:49	2.9	6:19	3.1	12:19	0.4	12:36	0.5	7:30	6:11	
31	Sun	6:01	2.9	6:26	3.0	1:18	0.4	12:43	0.5	6:31	5:10	