

West Point, VA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:08	3.0	7:25	2.9	1:13	0.4	1:45	0.5	6:32	5:09	
2	Tue	8:01	3.1	8:14	2.9	2:02	0.4	2:39	0.5	6:33	5:07	
3	Wed	8:46	3.2	8:57	2.9	2:46	0.3	3:27	0.4	6:34	5:06	
4	Thu	9:27	3.3	9:38	2.9	3:27	0.3	4:12	0.4	6:35	5:05	
5	Fri	10:04	3.4	10:17	2.9	4:06	0.3	4:54	0.3	6:36	5:04	
6	Sat	10:39	3.4	10:55	2.9	4:43	0.2	5:32	0.3	6:37	5:03	
7	Sun	11:13	3.4	11:32	2.9	5:19	0.2	6:07	0.3	6:38	5:03	
8	Mon	11:47	3.4			5:53	0.2	6:41	0.3	6:39	5:02	
9	Tue	12:08	2.8	12:22	3.3	6:27	0.3	7:16	0.3	6:40	5:01	
10	Wed	12:46	2.7	12:58	3.2	7:02	0.3	7:52	0.4	6:41	5:00	
11	Thu	1:26	2.7	1:37	3.2	7:40	0.4	8:33	0.4	6:43	4:59	
12	Fri	2:08	2.6	2:20	3.1	8:25	0.4	9:19	0.4	6:44	4:58	
13	Sat	2:54	2.6	3:06	3.0	9:17	0.4	10:08	0.4	6:45	4:57	
14	Sun	3:44	2.6	3:57	2.9	10:15	0.5	11:00	0.3	6:46	4:57	
15	Mon	4:38	2.7	4:53	2.9	11:19	0.4	11:56	0.3	6:47	4:56	
16	Tue	5:39	2.8	5:56	2.9			12:26	0.4	6:48	4:55	
17	Wed	6:43	3.0	7:02	2.9	12:53	0.2	1:32	0.2	6:49	4:55	
18	Thu	7:44	3.3	8:02	3.0	1:49	0.0	2:34	0.1	6:50	4:54	
19	Fri	8:39	3.5	8:59	3.0	2:43	-0.1	3:33	0.0	6:51	4:53	
20	Sat	9:34	3.7	9:54	3.1	3:37	-0.2	4:30	-0.1	6:52	4:53	
21	Sun	10:28	3.8	10:49	3.1	4:31	-0.3	5:25	-0.2	6:53	4:52	
22	Mon	11:21	3.9	11:41	3.1	5:24	-0.3	6:16	-0.2	6:54	4:52	
23	Tue			12:12	3.8	6:15	-0.3	7:07	-0.2	6:55	4:51	
24	Wed	12:34	3.0	1:05	3.6	7:07	-0.2	7:59	-0.1	6:56	4:51	
25	Thu	1:29	2.9	1:58	3.4	8:02	-0.1	8:54	0.0	6:57	4:50	
26	Fri	2:26	2.8	2:52	3.1	9:02	0.1	9:50	0.1	6:58	4:50	
27	Sat	3:23	2.7	3:45	2.9	10:05	0.2	10:44	0.1	6:59	4:50	
28	Sun	4:21	2.6	4:39	2.7	11:09	0.3	11:38	0.2	7:00	4:49	
29	Mon	5:23	2.6	5:38	2.5			12:13	0.3	7:01	4:49	
30	Tue	6:28	2.6	6:40	2.4	12:30	0.2	1:15	0.4	7:02	4:49	