

West Point, VA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:22	2.3	3:32	2.3	9:57	0.0	10:23	-0.1	7:21	4:59	
2	Mon	4:10	2.3	4:23	2.3	10:56	0.0	11:16	-0.2	7:22	5:00	
3	Tue	5:06	2.4	5:23	2.2			12:02	0.0	7:22	5:01	
4	Wed	6:11	2.5	6:30	2.2	12:15	-0.2	1:10	-0.1	7:22	5:02	
5	Thu	7:17	2.7	7:37	2.2	1:16	-0.3	2:15	-0.2	7:22	5:02	
6	Fri	8:18	2.9	8:38	2.3	2:17	-0.4	3:16	-0.3	7:22	5:03	
7	Sat	9:17	3.1	9:38	2.4	3:16	-0.5	4:15	-0.4	7:22	5:04	
8	Sun	10:14	3.2	10:35	2.6	4:15	-0.6	5:10	-0.5	7:22	5:05	
9	Mon	11:08	3.3	11:30	2.6	5:12	-0.7	6:01	-0.6	7:22	5:06	
10	Tue	11:59	3.3			6:05	-0.7	6:50	-0.6	7:21	5:07	
11	Wed	12:22	2.7	12:50	3.1	6:58	-0.6	7:38	-0.6	7:21	5:08	
12	Thu	1:15	2.7	1:40	2.9	7:52	-0.5	8:28	-0.5	7:21	5:09	
13	Fri	2:08	2.6	2:30	2.7	8:49	-0.4	9:19	-0.4	7:21	5:10	
14	Sat	3:02	2.5	3:20	2.5	9:48	-0.2	10:10	-0.3	7:21	5:11	
15	Sun	3:55	2.4	4:10	2.2	10:48	-0.1	11:01	-0.2	7:20	5:12	
16	Mon	4:51	2.3	5:04	2.0	11:50	0.0	11:54	-0.1	7:20	5:13	
17	Tue	5:53	2.2	6:05	1.9			12:52	0.1	7:20	5:14	
18	Wed	6:58	2.2	7:09	1.8	12:48	-0.1	1:50	0.1	7:19	5:15	
19	Thu	7:54	2.3	8:04	1.9	1:40	-0.1	2:42	0.0	7:19	5:16	
20	Fri	8:41	2.4	8:53	1.9	2:30	-0.1	3:31	0.0	7:18	5:17	
21	Sat	9:24	2.4	9:38	2.0	3:17	-0.2	4:15	-0.1	7:18	5:18	
22	Sun	10:05	2.5	10:21	2.1	4:02	-0.2	4:56	-0.2	7:17	5:19	
23	Mon	10:42	2.6	11:00	2.2	4:45	-0.3	5:32	-0.2	7:17	5:20	
24	Tue	11:17	2.6	11:37	2.3	5:24	-0.3	6:06	-0.3	7:16	5:22	
25	Wed	11:51	2.6			6:02	-0.3	6:37	-0.3	7:15	5:23	
26	Thu	12:13	2.3	12:25	2.6	6:38	-0.3	7:09	-0.3	7:15	5:24	
27	Fri	12:49	2.3	1:01	2.6	7:15	-0.3	7:43	-0.3	7:14	5:25	
28	Sat	1:27	2.3	1:40	2.5	7:56	-0.2	8:21	-0.3	7:13	5:26	
29	Sun	2:08	2.4	2:22	2.4	8:42	-0.2	9:04	-0.3	7:13	5:27	
30	Mon	2:53	2.4	3:08	2.3	9:34	-0.1	9:52	-0.3	7:12	5:28	
31	Tue	3:42	2.4	3:58	2.2	10:33	-0.1	10:46	-0.3	7:11	5:29	