

West Point, VA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:21	2.8	3:42	2.4	10:16	0.0	10:26	-0.1	6:38	6:00	
2	Thu	4:18	2.7	4:40	2.3	11:21	0.0	11:30	-0.1	6:37	6:01	
3	Fri	5:23	2.7	5:49	2.3			12:31	0.0	6:35	6:02	
4	Sat	6:39	2.8	7:05	2.3	12:41	-0.1	1:39	0.0	6:34	6:03	
5	Sun	7:50	2.9	8:13	2.5	1:50	-0.2	2:41	-0.1	6:32	6:04	
6	Mon	8:52	3.0	9:14	2.7	2:54	-0.3	3:39	-0.2	6:31	6:05	
7	Tue	9:48	3.1	10:09	2.9	3:55	-0.4	4:32	-0.3	6:30	6:06	
8	Wed	10:39	3.1	10:59	3.0	4:51	-0.4	5:20	-0.4	6:28	6:07	
9	Thu	11:25	3.1	11:46	3.1	5:42	-0.4	6:04	-0.4	6:27	6:08	
10	Fri			12:09	3.0	6:29	-0.4	6:45	-0.3	6:25	6:09	
11	Sat	12:30	3.1	12:51	2.9	7:15	-0.3	7:25	-0.3	6:24	6:10	
12	Sun	1:12	3.0	1:34	2.8	8:00	-0.2	8:06	-0.1	6:22	6:11	
13	Mon	1:55	2.9	2:17	2.6	8:47	0.0	8:49	0.0	6:21	6:12	
14	Tue	2:39	2.7	3:01	2.4	9:36	0.1	9:34	0.1	6:19	6:13	
15	Wed	3:23	2.6	3:46	2.3	10:26	0.3	10:22	0.2	6:18	6:14	
16	Thu	4:10	2.5	4:36	2.2	11:20	0.4	11:15	0.3	6:16	6:14	
17	Fri	5:04	2.4	5:35	2.1			12:18	0.4	6:15	6:15	
18	Sat	6:09	2.3	6:41	2.1	12:15	0.3	1:15	0.4	6:13	6:16	
19	Sun	7:15	2.4	7:41	2.3	1:15	0.3	2:07	0.4	6:12	6:17	
20	Mon	8:09	2.5	8:30	2.4	2:10	0.2	2:53	0.3	6:10	6:18	
21	Tue	8:54	2.6	9:15	2.6	3:01	0.1	3:36	0.2	6:09	6:19	
22	Wed	9:37	2.7	9:57	2.8	3:49	0.0	4:17	0.1	6:07	6:20	
23	Thu	10:17	2.8	10:37	2.9	4:34	-0.1	4:56	0.0	6:06	6:21	
24	Fri	10:57	2.9	11:16	3.1	5:17	-0.1	5:33	-0.1	6:04	6:22	
25	Sat	11:36	3.0	11:56	3.2	5:59	-0.2	6:10	-0.2	6:03	6:23	
26	Sun			12:16	3.0	6:40	-0.2	6:49	-0.2	6:01	6:24	
27	Mon	12:37	3.2	12:59	2.9	7:23	-0.2	7:31	-0.2	6:00	6:25	
28	Tue	1:22	3.2	1:46	2.8	8:12	-0.1	8:19	-0.1	5:58	6:25	
29	Wed	2:12	3.2	2:37	2.8	9:06	0.0	9:13	0.0	5:57	6:26	
30	Thu	3:06	3.1	3:31	2.7	10:06	0.1	10:15	0.0	5:55	6:27	
31	Fri	4:04	3.0	4:31	2.6	11:09	0.1	11:22	0.1	5:54	6:28	