

West Point, VA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:16	2.5	9:46	3.1	3:50	0.2	3:38	0.2	5:49	8:32	
2	Sun	10:04	2.5	10:29	3.1	4:40	0.2	4:25	0.2	5:49	8:32	
3	Mon	10:50	2.6	11:10	3.1	5:26	0.2	5:11	0.2	5:50	8:32	
4	Tue	11:34	2.6	11:48	3.1	6:07	0.1	5:54	0.2	5:50	8:32	
5	Wed			12:14	2.7	6:45	0.1	6:35	0.2	5:51	8:31	
6	Thu	12:25	3.1	12:53	2.7	7:20	0.1	7:12	0.2	5:52	8:31	
7	Fri	1:00	3.0	1:31	2.7	7:53	0.1	7:49	0.2	5:52	8:31	
8	Sat	1:36	3.0	2:08	2.7	8:25	0.1	8:28	0.3	5:53	8:31	
9	Sun	2:13	2.9	2:47	2.7	8:59	0.2	9:09	0.3	5:53	8:30	
10	Mon	2:51	2.8	3:27	2.7	9:36	0.2	9:54	0.4	5:54	8:30	
11	Tue	3:32	2.8	4:08	2.8	10:15	0.2	10:44	0.4	5:55	8:30	
12	Wed	4:15	2.7	4:51	2.8	10:59	0.2	11:38	0.4	5:55	8:29	
13	Thu	5:02	2.6	5:40	2.9	11:47	0.2			5:56	8:29	
14	Fri	5:56	2.6	6:36	3.0	12:37	0.4	12:40	0.2	5:57	8:28	
15	Sat	6:58	2.5	7:39	3.2	1:40	0.3	1:39	0.1	5:57	8:28	
16	Sun	8:04	2.6	8:41	3.3	2:42	0.2	2:40	0.1	5:58	8:27	
17	Mon	9:07	2.7	9:40	3.5	3:42	0.1	3:40	0.0	5:59	8:27	
18	Tue	10:06	2.8	10:37	3.6	4:41	0.0	4:41	-0.1	5:59	8:26	
19	Wed	11:05	3.0	11:34	3.7	5:38	-0.1	5:41	-0.2	6:00	8:26	
20	Thu			12:02	3.1	6:31	-0.2	6:38	-0.2	6:01	8:25	
21	Fri	12:28	3.7	12:56	3.2	7:21	-0.3	7:33	-0.2	6:02	8:24	
22	Sat	1:21	3.6	1:50	3.3	8:09	-0.2	8:28	-0.2	6:02	8:24	
23	Sun	2:13	3.5	2:45	3.3	8:59	-0.2	9:26	0.0	6:03	8:23	
24	Mon	3:06	3.3	3:40	3.3	9:51	-0.1	10:27	0.1	6:04	8:22	
25	Tue	3:59	3.1	4:34	3.2	10:43	0.0	11:29	0.2	6:05	8:21	
26	Wed	4:51	2.8	5:28	3.1	11:35	0.1			6:06	8:21	
27	Thu	5:45	2.6	6:27	3.0	12:30	0.3	12:28	0.2	6:06	8:20	
28	Fri	6:45	2.5	7:30	3.0	1:32	0.4	1:23	0.3	6:07	8:19	
29	Sat	7:50	2.5	8:28	3.0	2:30	0.4	2:17	0.3	6:08	8:18	
30	Sun	8:47	2.5	9:18	3.0	3:23	0.4	3:09	0.3	6:09	8:17	
31	Mon	9:38	2.6	10:02	3.1	4:11	0.4	3:58	0.3	6:10	8:16	