

West Point, VA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:24	2.6	10:43	3.1	4:56	0.3	4:44	0.3	6:11	8:15	
2	Wed	11:08	2.7	11:22	3.1	5:38	0.3	5:29	0.3	6:11	8:14	
3	Thu	11:48	2.8	11:59	3.2	6:16	0.2	6:11	0.3	6:12	8:13	
4	Fri			12:26	2.9	6:50	0.2	6:50	0.2	6:13	8:12	
5	Sat	12:34	3.2	1:03	3.0	7:22	0.2	7:27	0.3	6:14	8:11	
6	Sun	1:09	3.1	1:38	3.0	7:53	0.2	8:05	0.3	6:15	8:10	
7	Mon	1:45	3.1	2:15	3.0	8:25	0.2	8:44	0.3	6:16	8:09	
8	Tue	2:22	3.0	2:54	3.1	9:00	0.2	9:28	0.4	6:16	8:08	
9	Wed	3:03	2.9	3:35	3.1	9:40	0.2	10:17	0.4	6:17	8:07	
10	Thu	3:47	2.9	4:20	3.1	10:25	0.3	11:11	0.4	6:18	8:06	
11	Fri	4:35	2.8	5:10	3.2	11:15	0.3			6:19	8:05	
12	Sat	5:29	2.7	6:08	3.2	12:11	0.4	12:12	0.3	6:20	8:03	
13	Sun	6:32	2.7	7:14	3.3	1:16	0.4	1:15	0.3	6:21	8:02	
14	Mon	7:42	2.7	8:22	3.5	2:22	0.3	2:22	0.2	6:22	8:01	
15	Tue	8:50	2.9	9:24	3.6	3:24	0.2	3:26	0.1	6:22	8:00	
16	Wed	9:51	3.1	10:23	3.7	4:22	0.1	4:28	0.0	6:23	7:59	
17	Thu	10:50	3.3	11:19	3.8	5:18	0.0	5:29	-0.1	6:24	7:57	
18	Fri	11:46	3.5			6:10	-0.1	6:26	-0.1	6:25	7:56	
19	Sat	12:12	3.8	12:39	3.6	6:58	-0.1	7:20	-0.1	6:26	7:55	
20	Sun	1:02	3.7	1:29	3.6	7:45	-0.1	8:12	0.0	6:27	7:53	
21	Mon	1:51	3.6	2:20	3.6	8:30	0.0	9:06	0.1	6:28	7:52	
22	Tue	2:40	3.4	3:11	3.5	9:18	0.1	10:02	0.3	6:28	7:51	
23	Wed	3:30	3.1	4:02	3.4	10:07	0.2	11:00	0.4	6:29	7:49	
24	Thu	4:20	2.9	4:52	3.3	10:58	0.3	11:58	0.5	6:30	7:48	
25	Fri	5:11	2.8	5:45	3.1	11:50	0.4			6:31	7:47	
26	Sat	6:07	2.6	6:45	3.0	12:57	0.6	12:45	0.5	6:32	7:45	
27	Sun	7:12	2.6	7:49	3.0	1:56	0.6	1:43	0.6	6:33	7:44	
28	Mon	8:15	2.6	8:44	3.1	2:50	0.6	2:38	0.6	6:33	7:42	
29	Tue	9:09	2.7	9:30	3.1	3:37	0.6	3:29	0.6	6:34	7:41	
30	Wed	9:55	2.9	10:12	3.2	4:21	0.5	4:17	0.5	6:35	7:39	
31	Thu	10:38	3.0	10:52	3.3	5:02	0.4	5:03	0.4	6:36	7:38	