

West Point, VA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:52	3.1	1:17	3.0	7:37	-0.5	7:55	-0.4	6:38	6:00	
2	Fri	1:42	3.1	2:06	2.8	8:31	-0.3	8:44	-0.3	6:37	6:01	
3	Sat	2:34	2.9	2:56	2.6	9:28	-0.2	9:35	-0.2	6:36	6:02	
4	Sun	3:26	2.8	3:46	2.4	10:26	0.0	10:29	-0.1	6:34	6:03	
5	Mon	4:19	2.6	4:40	2.2	11:26	0.1	11:25	0.1	6:33	6:04	
6	Tue	5:20	2.4	5:43	2.1			12:28	0.2	6:31	6:05	
7	Wed	6:31	2.4	6:52	2.1	12:26	0.1	1:29	0.3	6:30	6:06	
8	Thu	7:35	2.4	7:52	2.2	1:26	0.2	2:22	0.2	6:28	6:07	
9	Fri	8:27	2.5	8:42	2.3	2:20	0.1	3:10	0.2	6:27	6:08	
10	Sat	9:11	2.5	9:27	2.4	3:10	0.1	3:53	0.1	6:26	6:09	
11	Sun	9:51	2.6	10:08	2.6	3:57	0.0	4:33	0.1	6:24	6:10	
12	Mon	10:28	2.7	10:46	2.7	4:40	-0.1	5:09	0.0	6:23	6:11	
13	Tue	11:03	2.8	11:21	2.8	5:20	-0.1	5:41	-0.1	6:21	6:11	
14	Wed	11:37	2.8	11:55	2.8	5:56	-0.1	6:12	-0.1	6:20	6:12	
15	Thu			12:11	2.8	6:31	-0.1	6:43	-0.1	6:18	6:13	
16	Fri	12:29	2.9	12:46	2.7	7:07	-0.1	7:16	-0.1	6:17	6:14	
17	Sat	1:05	2.9	1:23	2.7	7:45	0.0	7:52	0.0	6:15	6:15	
18	Sun	1:44	2.9	2:04	2.6	8:28	0.0	8:34	0.0	6:14	6:16	
19	Mon	2:28	2.9	2:50	2.5	9:17	0.1	9:24	0.0	6:12	6:17	
20	Tue	3:17	2.8	3:40	2.5	10:13	0.2	10:20	0.1	6:11	6:18	
21	Wed	4:12	2.8	4:38	2.4	11:16	0.2	11:25	0.1	6:09	6:19	
22	Thu	5:16	2.8	5:46	2.4			12:24	0.2	6:08	6:20	
23	Fri	6:29	2.9	6:59	2.6	12:36	0.0	1:31	0.1	6:06	6:21	
24	Sat	7:40	3.0	8:06	2.8	1:46	0.0	2:31	0.0	6:05	6:22	
25	Sun	8:42	3.1	9:06	3.0	2:50	-0.2	3:28	-0.1	6:03	6:23	
26	Mon	9:39	3.2	10:01	3.2	3:51	-0.3	4:21	-0.2	6:02	6:23	
27	Tue	10:32	3.3	10:53	3.4	4:49	-0.4	5:11	-0.3	6:00	6:24	
28	Wed	11:21	3.3	11:42	3.5	5:42	-0.4	5:58	-0.3	5:58	6:25	
29	Thu			12:09	3.2	6:31	-0.4	6:42	-0.3	5:57	6:26	
30	Fri	12:30	3.4	12:55	3.1	7:20	-0.3	7:26	-0.2	5:55	6:27	
31	Sat	1:17	3.3	1:42	2.9	8:10	-0.1	8:12	-0.1	5:54	6:28	