

West Point, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:21	2.6	4:58	2.6	11:09	0.3	11:40	0.5	5:49	8:32	
2	Mon	5:05	2.5	5:43	2.7	11:52	0.3			5:49	8:32	
3	Tue	5:54	2.4	6:34	2.7	12:34	0.5	12:38	0.3	5:50	8:32	
4	Wed	6:50	2.4	7:30	2.8	1:32	0.4	1:29	0.3	5:50	8:32	
5	Thu	7:50	2.4	8:25	3.0	2:29	0.4	2:23	0.2	5:51	8:31	
6	Fri	8:47	2.5	9:17	3.2	3:23	0.3	3:16	0.2	5:51	8:31	
7	Sat	9:41	2.6	10:08	3.3	4:16	0.1	4:10	0.1	5:52	8:31	
8	Sun	10:34	2.7	11:00	3.5	5:09	0.0	5:04	0.0	5:53	8:31	
9	Mon	11:27	2.8	11:52	3.6	6:00	-0.1	5:59	-0.1	5:53	8:30	
10	Tue			12:20	3.0	6:49	-0.2	6:52	-0.2	5:54	8:30	
11	Wed	12:43	3.6	1:11	3.1	7:37	-0.2	7:45	-0.2	5:54	8:30	
12	Thu	1:35	3.6	2:04	3.1	8:26	-0.2	8:40	-0.1	5:55	8:29	
13	Fri	2:27	3.5	2:59	3.2	9:17	-0.2	9:40	-0.1	5:56	8:29	
14	Sat	3:22	3.3	3:56	3.2	10:10	-0.1	10:44	0.0	5:56	8:28	
15	Sun	4:17	3.1	4:52	3.2	11:05	-0.1	11:48	0.1	5:57	8:28	
16	Mon	5:13	2.9	5:52	3.2			12:00	0.0	5:58	8:27	
17	Tue	6:13	2.7	6:57	3.2	12:54	0.2	12:57	0.1	5:59	8:27	
18	Wed	7:19	2.6	8:03	3.2	1:59	0.2	1:55	0.1	5:59	8:26	
19	Thu	8:24	2.6	9:01	3.2	2:59	0.2	2:51	0.1	6:00	8:26	
20	Fri	9:21	2.6	9:52	3.2	3:55	0.2	3:45	0.1	6:01	8:25	
21	Sat	10:13	2.6	10:39	3.2	4:47	0.2	4:36	0.2	6:01	8:25	
22	Sun	11:01	2.7	11:22	3.2	5:34	0.2	5:25	0.2	6:02	8:24	
23	Mon	11:46	2.8			6:17	0.1	6:10	0.2	6:03	8:23	
24	Tue	12:01	3.2	12:26	2.8	6:55	0.1	6:50	0.2	6:04	8:22	
25	Wed	12:37	3.1	1:05	2.8	7:30	0.1	7:29	0.2	6:05	8:22	
26	Thu	1:13	3.1	1:43	2.9	8:02	0.1	8:06	0.3	6:05	8:21	
27	Fri	1:49	3.0	2:20	2.8	8:35	0.2	8:45	0.3	6:06	8:20	
28	Sat	2:26	2.9	2:59	2.8	9:08	0.2	9:26	0.4	6:07	8:19	
29	Sun	3:05	2.8	3:38	2.8	9:44	0.3	10:12	0.5	6:08	8:18	
30	Mon	3:45	2.7	4:18	2.9	10:22	0.3	11:01	0.5	6:09	8:17	
31	Tue	4:27	2.6	5:01	2.9	11:05	0.3	11:53	0.5	6:10	8:17	