

West Point, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:13	2.5	5:49	2.9	11:52	0.4			6:10	8:16	
2	Thu	6:07	2.5	6:45	3.0	12:50	0.5	12:46	0.3	6:11	8:15	
3	Fri	7:09	2.5	7:47	3.1	1:51	0.5	1:45	0.3	6:12	8:14	
4	Sat	8:13	2.6	8:47	3.3	2:51	0.4	2:46	0.2	6:13	8:13	
5	Sun	9:13	2.7	9:44	3.5	3:48	0.2	3:45	0.1	6:14	8:12	
6	Mon	10:10	2.9	10:39	3.6	4:43	0.1	4:44	0.0	6:15	8:11	
7	Tue	11:06	3.1	11:33	3.7	5:37	0.0	5:42	-0.1	6:15	8:09	
8	Wed			12:01	3.3	6:27	-0.1	6:38	-0.1	6:16	8:08	
9	Thu	12:26	3.8	12:53	3.4	7:15	-0.2	7:32	-0.2	6:17	8:07	
10	Fri	1:17	3.7	1:45	3.5	8:03	-0.2	8:27	-0.1	6:18	8:06	
11	Sat	2:09	3.6	2:39	3.6	8:52	-0.1	9:25	0.0	6:19	8:05	
12	Sun	3:02	3.4	3:35	3.5	9:43	-0.1	10:27	0.1	6:20	8:04	
13	Mon	3:56	3.2	4:31	3.5	10:38	0.0	11:30	0.2	6:21	8:03	
14	Tue	4:51	3.0	5:28	3.4	11:33	0.2			6:21	8:01	
15	Wed	5:49	2.8	6:31	3.3	12:34	0.3	12:31	0.3	6:22	8:00	
16	Thu	6:55	2.7	7:40	3.2	1:38	0.4	1:31	0.3	6:23	7:59	
17	Fri	8:03	2.7	8:41	3.2	2:39	0.4	2:30	0.4	6:24	7:58	
18	Sat	9:02	2.7	9:32	3.2	3:33	0.4	3:25	0.4	6:25	7:56	
19	Sun	9:53	2.8	10:17	3.2	4:23	0.4	4:16	0.4	6:26	7:55	
20	Mon	10:39	2.9	10:58	3.3	5:08	0.3	5:04	0.4	6:26	7:54	
21	Tue	11:22	3.0	11:36	3.3	5:49	0.3	5:48	0.3	6:27	7:52	
22	Wed			12:01	3.1	6:25	0.3	6:29	0.3	6:28	7:51	
23	Thu	12:11	3.3	12:38	3.2	6:58	0.3	7:06	0.3	6:29	7:50	
24	Fri	12:46	3.2	1:12	3.2	7:29	0.3	7:42	0.4	6:30	7:48	
25	Sat	1:20	3.2	1:47	3.2	7:59	0.3	8:18	0.4	6:31	7:47	
26	Sun	1:55	3.1	2:23	3.2	8:29	0.3	8:56	0.5	6:32	7:46	
27	Mon	2:32	3.0	3:00	3.2	9:03	0.4	9:39	0.5	6:32	7:44	
28	Tue	3:12	2.9	3:40	3.2	9:41	0.4	10:26	0.6	6:33	7:43	
29	Wed	3:55	2.8	4:24	3.2	10:26	0.5	11:18	0.6	6:34	7:41	
30	Thu	4:42	2.8	5:13	3.2	11:16	0.5			6:35	7:40	
31	Fri	5:35	2.7	6:10	3.3	12:16	0.6	12:13	0.5	6:36	7:38	