

West Point, VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:20	3.5	8:43	3.4	2:31	0.1	3:07	0.1	6:31	5:09	
2	Fri	9:15	3.7	9:37	3.4	3:23	0.0	4:05	0.0	6:32	5:08	
3	Sat	10:07	3.9	10:29	3.4	4:14	-0.1	5:00	0.0	6:33	5:07	
4	Sun	10:57	3.9	11:18	3.3	5:03	-0.1	5:51	0.0	6:34	5:06	
5	Mon	11:44	3.9			5:50	-0.1	6:39	0.0	6:35	5:05	
6	Tue	12:05	3.2	12:30	3.8	6:34	0.0	7:27	0.1	6:36	5:04	
7	Wed	12:53	3.1	1:16	3.6	7:19	0.1	8:16	0.2	6:38	5:03	
8	Thu	1:42	2.9	2:04	3.4	8:07	0.2	9:08	0.3	6:39	5:02	
9	Fri	2:33	2.8	2:52	3.2	8:59	0.4	10:01	0.4	6:40	5:01	
10	Sat	3:24	2.7	3:40	3.0	9:54	0.5	10:54	0.5	6:41	5:00	
11	Sun	4:17	2.6	4:30	2.8	10:52	0.6	11:46	0.5	6:42	5:00	
12	Mon	5:15	2.6	5:27	2.7	11:53	0.6			6:43	4:59	
13	Tue	6:18	2.6	6:28	2.6	12:37	0.5	12:53	0.6	6:44	4:58	
14	Wed	7:15	2.7	7:23	2.6	1:23	0.5	1:48	0.5	6:45	4:57	
15	Thu	8:02	2.9	8:11	2.7	2:06	0.4	2:37	0.5	6:46	4:56	
16	Fri	8:44	3.0	8:54	2.7	2:46	0.3	3:24	0.4	6:47	4:56	
17	Sat	9:24	3.1	9:35	2.8	3:26	0.2	4:09	0.3	6:48	4:55	
18	Sun	10:02	3.3	10:16	2.8	4:06	0.1	4:51	0.2	6:49	4:54	
19	Mon	10:41	3.4	10:56	2.8	4:45	0.1	5:32	0.1	6:50	4:54	
20	Tue	11:19	3.4	11:37	2.8	5:24	0.0	6:11	0.1	6:51	4:53	
21	Wed	11:59	3.4			6:04	0.0	6:51	0.1	6:52	4:53	
22	Thu	12:19	2.8	12:41	3.4	6:45	0.0	7:35	0.1	6:53	4:52	
23	Fri	1:04	2.7	1:27	3.3	7:29	0.0	8:23	0.1	6:54	4:52	
24	Sat	1:53	2.7	2:18	3.3	8:21	0.1	9:17	0.1	6:55	4:51	
25	Sun	2:48	2.7	3:12	3.1	9:22	0.2	10:14	0.1	6:56	4:51	
26	Mon	3:45	2.7	4:09	3.0	10:28	0.2	11:13	0.1	6:57	4:50	
27	Tue	4:47	2.7	5:11	2.9	11:38	0.2			6:58	4:50	
28	Wed	5:56	2.8	6:20	2.8	12:13	0.0	12:49	0.2	6:59	4:50	
29	Thu	7:05	3.0	7:26	2.8	1:12	0.0	1:55	0.1	7:00	4:49	
30	Fri	8:06	3.2	8:25	2.8	2:08	-0.1	2:56	0.0	7:01	4:49	