

West Point, VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:28	3.0	10:45	2.4	4:25	-0.4	5:23	-0.3	7:21	4:59	
2	Wed	11:12	2.9	11:30	2.4	5:13	-0.4	6:06	-0.3	7:22	5:00	
3	Thu	11:51	2.9			5:56	-0.4	6:45	-0.3	7:22	5:00	
4	Fri	12:12	2.3	12:29	2.8	6:37	-0.3	7:23	-0.2	7:22	5:01	
5	Sat	12:53	2.3	1:07	2.6	7:16	-0.2	8:01	-0.2	7:22	5:02	
6	Sun	1:34	2.2	1:45	2.5	7:57	-0.1	8:39	-0.1	7:22	5:03	
7	Mon	2:17	2.2	2:25	2.4	8:40	0.0	9:18	-0.1	7:22	5:04	
8	Tue	2:59	2.1	3:06	2.2	9:28	0.1	9:58	0.0	7:22	5:05	
9	Wed	3:42	2.1	3:49	2.1	10:19	0.1	10:40	0.0	7:22	5:06	
10	Thu	4:28	2.1	4:36	1.9	11:13	0.2	11:26	0.0	7:22	5:07	
11	Fri	5:19	2.1	5:30	1.9			12:13	0.2	7:21	5:08	
12	Sat	6:18	2.2	6:31	1.8	12:17	0.0	1:13	0.1	7:21	5:09	
13	Sun	7:16	2.3	7:31	1.9	1:10	-0.1	2:10	0.1	7:21	5:09	
14	Mon	8:09	2.5	8:25	2.0	2:03	-0.1	3:03	-0.1	7:21	5:10	
15	Tue	8:59	2.7	9:16	2.1	2:55	-0.3	3:55	-0.2	7:20	5:12	
16	Wed	9:48	2.9	10:07	2.2	3:47	-0.4	4:44	-0.3	7:20	5:13	
17	Thu	10:37	3.0	10:56	2.4	4:39	-0.5	5:31	-0.4	7:20	5:14	
18	Fri	11:24	3.1	11:45	2.5	5:29	-0.6	6:16	-0.5	7:19	5:15	
19	Sat			12:12	3.1	6:18	-0.6	7:01	-0.6	7:19	5:16	
20	Sun	12:34	2.6	1:00	3.1	7:09	-0.6	7:48	-0.6	7:18	5:17	
21	Mon	1:25	2.6	1:51	2.9	8:03	-0.5	8:38	-0.5	7:18	5:18	
22	Tue	2:19	2.6	2:43	2.7	9:02	-0.4	9:31	-0.5	7:17	5:19	
23	Wed	3:15	2.6	3:37	2.5	10:05	-0.3	10:26	-0.4	7:17	5:20	
24	Thu	4:12	2.6	4:33	2.3	11:11	-0.2	11:24	-0.4	7:16	5:21	
25	Fri	5:16	2.5	5:37	2.1			12:20	-0.1	7:16	5:22	
26	Sat	6:29	2.5	6:48	2.0	12:24	-0.3	1:27	-0.1	7:15	5:23	
27	Sun	7:38	2.6	7:53	2.0	1:26	-0.3	2:29	-0.1	7:14	5:24	
28	Mon	8:37	2.6	8:50	2.1	2:24	-0.3	3:26	-0.2	7:14	5:25	
29	Tue	9:28	2.7	9:42	2.2	3:19	-0.3	4:18	-0.2	7:13	5:27	
30	Wed	10:14	2.7	10:29	2.2	4:10	-0.3	5:04	-0.3	7:12	5:28	
31	Thu	10:55	2.7	11:12	2.3	4:58	-0.4	5:45	-0.3	7:11	5:29	