US HARBORS www.USHarbors.com

West Point, VA - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:24	3.3	1:51	2.7	8:17	0.1	8:14	0.1	5:47	8:22	
2	Mon	2:07	3.2	2:37	2.7	9:01	0.1	9:02	0.2	5:46	8:23	
3	Tue	2:55	3.2	3:26	2.7	9:50	0.1	9:57	0.2	5:46	8:24	
4	Wed	3:46	3.1	4:18	2.8	10:42	0.1	10:58	0.2	5:46	8:24	
5	Thu	4:39	3.0	5:13	2.9	11:36	0.1			5:46	8:25	
6	Fri	5:36	2.9	6:13	2.9	12:03	0.2	12:32	0.1	5:45	8:25	
7	Sat	6:39	2.9	7:19	3.1	1:10	0.2	1:31	0.0	5:45	8:26	
8	Sun	7:47	2.8	8:23	3.2	2:18	0.1	2:28	0.0	5:45	8:26	
9	Mon	8:50	2.8	9:22	3.4	3:21	0.0	3:24	-0.1	5:45	8:27	
10	Tue	9:48	2.9	10:17	3.5	4:20	0.0	4:19	-0.1	5:45	8:27	
11	Wed	10:44	2.9	11:10	3.6	5:18	-0.1	5:13	-0.1	5:45	8:28	
12	Thu	11:38	2.9			6:11	-0.1	6:06	-0.1	5:45	8:28	
13	Fri	12:01	3.6	12:29	2.9	7:01	-0.1	6:55	-0.1	5:45	8:29	
14	Sat	12:49	3.5	1:17	2.9	7:47	-0.1	7:42	0.0	5:45	8:29	
15	Sun	1:35	3.3	2:05	2.8	8:33	0.0	8:30	0.1	5:45	8:30	
16	Mon	2:21	3.2	2:54	2.8	9:19	0.1	9:19	0.2	5:45	8:30	
17	Tue	3:06	3.0	3:42	2.7	10:06	0.2	10:12	0.3	5:45	8:30	
18	Wed	3:52	2.8	4:29	2.6	10:51	0.2	11:06	0.4	5:45	8:31	
19	Thu	4:36	2.6	5:16	2.6	11:36	0.3			5:45	8:31	
20	Fri	5:22	2.5	6:05	2.6	12:00	0.5	12:20	0.3	5:45	8:31	
21	Sat	6:13	2.4	6:58	2.7	12:55	0.5	1:05	0.4	5:46	8:31	
22	Sun	7:11	2.3	7:52	2.7	1:52	0.5	1:52	0.4	5:46	8:31	
23	Mon	8:08	2.3	8:41	2.8	2:44	0.4	2:38	0.3	5:46	8:32	
24	Tue	9:00	2.3	9:27	3.0	3:34	0.3	3:23	0.3	5:46	8:32	
25	Wed	9:47	2.4	10:10	3.1	4:21	0.3	4:09	0.2	5:47	8:32	
26	Thu	10:33	2.5	10:54	3.2	5:08	0.2	4:55	0.2	5:47	8:32	
27	Fri	11:18	2.6	11:37	3.3	5:52	0.1	5:42	0.1	5:48	8:32	
28	Sat			12:03	2.7	6:35	0.0	6:28	0.0	5:48	8:32	
29	Sun	12:21	3.3	12:47	2.7	7:16	0.0	7:13	0.0	5:48	8:32	
30	Mon	1:05	3.4	1:32	2.8	7:58	-0.1	7:59	0.0	5:49	8:32	