

West Point, VA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:50	3.3	2:20	2.9	8:42	-0.1	8:50	0.0	5:49	8:32	
2	Wed	2:39	3.3	3:11	2.9	9:30	-0.1	9:47	0.1	5:50	8:32	
3	Thu	3:31	3.2	4:04	3.0	10:22	0.0	10:49	0.1	5:50	8:32	
4	Fri	4:24	3.0	4:58	3.1	11:15	0.0	11:53	0.1	5:51	8:31	
5	Sat	5:19	2.9	5:57	3.1			12:10	0.0	5:51	8:31	
6	Sun	6:20	2.8	7:01	3.2	12:59	0.2	1:07	0.0	5:52	8:31	
7	Mon	7:27	2.7	8:08	3.3	2:06	0.1	2:06	0.0	5:52	8:31	
8	Tue	8:33	2.7	9:08	3.3	3:09	0.1	3:04	0.0	5:53	8:30	
9	Wed	9:33	2.7	10:04	3.4	4:08	0.1	4:00	0.0	5:54	8:30	
10	Thu	10:29	2.8	10:57	3.4	5:04	0.0	4:56	0.0	5:54	8:30	
11	Fri	11:22	2.8	11:46	3.4	5:56	0.0	5:49	0.0	5:55	8:29	
12	Sat			12:12	2.9	6:43	0.0	6:38	0.0	5:56	8:29	
13	Sun	12:31	3.3	12:58	2.9	7:26	0.0	7:24	0.1	5:56	8:29	
14	Mon	1:13	3.2	1:42	2.9	8:07	0.0	8:07	0.1	5:57	8:28	
15	Tue	1:53	3.1	2:25	2.8	8:46	0.1	8:51	0.2	5:58	8:28	
16	Wed	2:34	3.0	3:09	2.8	9:25	0.2	9:38	0.3	5:58	8:27	
17	Thu	3:15	2.8	3:51	2.8	10:05	0.2	10:26	0.4	5:59	8:27	
18	Fri	3:57	2.7	4:33	2.7	10:45	0.3	11:17	0.5	6:00	8:26	
19	Sat	4:40	2.5	5:16	2.7	11:25	0.4			6:01	8:25	
20	Sun	5:25	2.4	6:03	2.7	12:08	0.5	12:08	0.4	6:01	8:25	
21	Mon	6:17	2.3	6:57	2.8	1:03	0.5	12:56	0.4	6:02	8:24	
22	Tue	7:15	2.3	7:53	2.9	2:00	0.5	1:48	0.4	6:03	8:23	
23	Wed	8:15	2.3	8:46	3.0	2:53	0.4	2:40	0.4	6:04	8:23	
24	Thu	9:08	2.4	9:35	3.1	3:44	0.4	3:32	0.3	6:04	8:22	
25	Fri	9:59	2.6	10:23	3.3	4:33	0.3	4:24	0.2	6:05	8:21	
26	Sat	10:48	2.7	11:11	3.4	5:21	0.2	5:16	0.1	6:06	8:20	
27	Sun	11:37	2.9	11:58	3.5	6:08	0.0	6:07	0.0	6:07	8:19	
28	Mon			12:24	3.0	6:52	0.0	6:56	0.0	6:08	8:19	
29	Tue	12:45	3.5	1:12	3.1	7:35	-0.1	7:46	0.0	6:08	8:18	
30	Wed	1:33	3.5	2:01	3.2	8:19	-0.1	8:38	0.0	6:09	8:17	
31	Thu	2:22	3.4	2:52	3.3	9:07	-0.1	9:35	0.1	6:10	8:16	