

West Point, VA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:30	2.2	5:39	1.8			12:30	0.3	7:21	4:59	
2	Mon	6:29	2.2	6:41	1.7	12:19	0.1	1:30	0.2	7:22	5:00	
3	Tue	7:26	2.3	7:39	1.7	1:12	0.0	2:24	0.1	7:22	5:01	
4	Wed	8:18	2.5	8:32	1.8	2:04	0.0	3:16	0.1	7:22	5:02	
5	Thu	9:07	2.7	9:22	1.9	2:55	-0.1	4:06	-0.1	7:22	5:03	
6	Fri	9:54	2.8	10:11	2.1	3:47	-0.2	4:53	-0.2	7:22	5:04	
7	Sat	10:41	2.9	10:58	2.2	4:38	-0.3	5:37	-0.3	7:22	5:05	
8	Sun	11:26	3.0	11:45	2.3	5:27	-0.4	6:19	-0.4	7:22	5:05	
9	Mon			12:11	3.0	6:15	-0.5	7:01	-0.4	7:22	5:06	
10	Tue	12:32	2.4	12:57	3.0	7:04	-0.5	7:45	-0.5	7:21	5:07	
11	Wed	1:22	2.5	1:45	2.8	7:57	-0.4	8:31	-0.5	7:21	5:08	
12	Thu	2:14	2.6	2:35	2.6	8:55	-0.3	9:21	-0.4	7:21	5:09	
13	Fri	3:07	2.6	3:27	2.4	9:58	-0.2	10:12	-0.4	7:21	5:10	
14	Sat	4:03	2.6	4:21	2.2	11:03	-0.1	11:07	-0.3	7:20	5:11	
15	Sun	5:04	2.6	5:22	2.0			12:12	-0.1	7:20	5:12	
16	Mon	6:15	2.6	6:33	1.9	12:07	-0.3	1:22	0.0	7:20	5:13	
17	Tue	7:28	2.6	7:42	1.9	1:10	-0.3	2:27	0.0	7:19	5:14	
18	Wed	8:31	2.6	8:44	1.9	2:11	-0.3	3:26	-0.1	7:19	5:15	
19	Thu	9:27	2.7	9:39	2.0	3:10	-0.3	4:21	-0.1	7:19	5:17	
20	Fri	10:16	2.7	10:30	2.1	4:06	-0.3	5:09	-0.2	7:18	5:18	
21	Sat	11:00	2.7	11:15	2.2	4:57	-0.3	5:50	-0.2	7:18	5:19	
22	Sun	11:38	2.7	11:56	2.2	5:42	-0.3	6:27	-0.3	7:17	5:20	
23	Mon			12:13	2.6	6:22	-0.3	7:01	-0.3	7:16	5:21	
24	Tue	12:35	2.3	12:47	2.5	7:01	-0.2	7:33	-0.2	7:16	5:22	
25	Wed	1:12	2.3	1:22	2.4	7:39	-0.2	8:04	-0.2	7:15	5:23	
26	Thu	1:50	2.2	1:58	2.2	8:19	-0.1	8:36	-0.1	7:15	5:24	
27	Fri	2:27	2.2	2:36	2.1	9:02	0.0	9:11	-0.1	7:14	5:25	
28	Sat	3:06	2.2	3:15	1.9	9:48	0.1	9:49	0.0	7:13	5:26	
29	Sun	3:47	2.2	3:57	1.8	10:38	0.2	10:32	0.0	7:12	5:27	
30	Mon	4:33	2.2	4:45	1.7	11:35	0.2	11:23	0.0	7:12	5:29	
31	Tue	5:29	2.2	5:46	1.6			12:39	0.2	7:11	5:30	