

West Point, VA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:41	3.1	2:05	2.6	8:34	-0.2	8:37	-0.3	6:38	6:00	
2	Fri	2:33	3.0	2:57	2.4	9:34	-0.1	9:32	-0.2	6:37	6:01	
3	Sat	3:29	2.9	3:52	2.3	10:38	0.0	10:33	-0.1	6:35	6:02	
4	Sun	4:32	2.8	4:56	2.1	11:47	0.1	11:41	-0.1	6:34	6:03	
5	Mon	5:47	2.6	6:14	2.1			12:59	0.2	6:32	6:04	
6	Tue	7:11	2.6	7:32	2.2	12:55	0.0	2:05	0.1	6:31	6:05	
7	Wed	8:18	2.7	8:35	2.4	2:04	-0.1	3:02	0.1	6:29	6:06	
8	Thu	9:12	2.7	9:29	2.6	3:06	-0.1	3:53	0.0	6:28	6:07	
9	Fri	9:59	2.8	10:17	2.7	4:03	-0.2	4:39	-0.1	6:26	6:08	
10	Sat	10:40	2.8	10:59	2.8	4:53	-0.2	5:18	-0.1	6:25	6:09	
11	Sun	11:17	2.8	11:36	2.9	5:36	-0.2	5:53	-0.2	6:24	6:10	
12	Mon	11:52	2.7			6:16	-0.2	6:25	-0.1	6:22	6:11	
13	Tue	12:11	2.9	12:26	2.6	6:52	-0.1	6:56	-0.1	6:21	6:12	
14	Wed	12:45	2.9	1:00	2.5	7:28	0.0	7:26	0.0	6:19	6:13	
15	Thu	1:20	2.8	1:37	2.4	8:04	0.1	7:59	0.1	6:18	6:14	
16	Fri	1:56	2.7	2:15	2.3	8:44	0.2	8:35	0.2	6:16	6:15	
17	Sat	2:36	2.6	2:56	2.2	9:28	0.3	9:18	0.3	6:15	6:15	
18	Sun	3:19	2.5	3:39	2.1	10:16	0.4	10:08	0.3	6:13	6:16	
19	Mon	4:08	2.4	4:29	2.0	11:12	0.5	11:05	0.4	6:12	6:17	
20	Tue	5:05	2.4	5:30	2.0			12:13	0.5	6:10	6:18	
21	Wed	6:13	2.4	6:39	2.1	12:11	0.3	1:14	0.4	6:09	6:19	
22	Thu	7:19	2.6	7:41	2.3	1:18	0.3	2:08	0.3	6:07	6:20	
23	Fri	8:14	2.7	8:34	2.6	2:19	0.2	2:56	0.2	6:06	6:21	
24	Sat	9:04	2.9	9:23	2.9	3:15	0.0	3:43	0.0	6:04	6:22	
25	Sun	9:52	3.0	10:10	3.2	4:09	-0.1	4:28	-0.1	6:03	6:23	
26	Mon	10:39	3.1	10:57	3.4	5:01	-0.2	5:12	-0.2	6:01	6:24	
27	Tue	11:25	3.1	11:44	3.5	5:50	-0.3	5:56	-0.3	5:59	6:25	
28	Wed			12:11	3.0	6:38	-0.3	6:40	-0.3	5:58	6:26	
29	Thu	12:32	3.5	12:59	2.9	7:28	-0.2	7:26	-0.3	5:56	6:26	
30	Fri	1:23	3.5	1:51	2.8	8:23	-0.1	8:19	-0.2	5:55	6:27	
31	Sat	2:18	3.3	2:46	2.6	9:23	0.1	9:18	0.0	5:53	6:28	