US HARBORS www.USHarbors.com

West Point, VA - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	2.5	8:20	2.1	1:59	-0.1	2:58	0.0	7:21	4:59	
2	Tue	8:58	2.6	9:08	2.1	2:47	-0.2	3:47	0.0	7:21	5:00	
3	Wed	9:40	2.6	9:53	2.1	3:33	-0.2	4:32	-0.1	7:22	5:00	
4	Thu	10:19	2.7	10:34	2.2	4:17	-0.2	5:12	-0.1	7:22	5:01	
5	Fri	10:56	2.7	11:14	2.2	4:59	-0.2	5:48	-0.2	7:22	5:02	
6	Sat	11:30	2.7	11:51	2.2	5:37	-0.2	6:22	-0.2	7:22	5:03	
7	Sun			12:04	2.7	6:13	-0.2	6:54	-0.2	7:22	5:04	
8	Mon	12:27	2.2	12:38	2.6	6:48	-0.2	7:25	-0.2	7:22	5:05	
9	Tue	1:04	2.2	1:14	2.5	7:25	-0.2	7:59	-0.2	7:22	5:06	
10	Wed	1:42	2.2	1:51	2.4	8:04	-0.1	8:35	-0.2	7:21	5:07	
11	Thu	2:22	2.2	2:31	2.3	8:49	-0.1	9:16	-0.2	7:21	5:08	
12	Fri	3:04	2.2	3:15	2.3	9:40	0.0	10:01	-0.2	7:21	5:09	
13	Sat	3:51	2.3	4:03	2.2	10:36	0.0	10:52	-0.2	7:21	5:10	
14	Sun	4:43	2.3	4:59	2.1	11:39	0.0	11:50	-0.2	7:21	5:11	
15	Mon	5:45	2.4	6:05	2.0			12:47	0.0	7:20	5:12	
16	Tue	6:53	2.6	7:14	2.1	12:52	-0.3	1:54	-0.1	7:20	5:13	
17	Wed	7:58	2.8	8:18	2.2	1:55	-0.4	2:56	-0.3	7:20	5:14	
18	Thu	8:58	3.0	9:19	2.4	2:57	-0.5	3:55	-0.4	7:19	5:15	
19	Fri	9:56	3.1	10:17	2.5	3:57	-0.6	4:51	-0.5	7:19	5:16	
20	Sat	10:51	3.2	11:12	2.6	4:55	-0.7	5:43	-0.6	7:18	5:17	
21	Sun	11:42	3.2			5:50	-0.7	6:31	-0.7	7:18	5:18	
22	Mon	12:05	2.7	12:32	3.1	6:42	-0.7	7:18	-0.6	7:17	5:19	
23	Tue	12:56	2.7	1:22	3.0	7:35	-0.6	8:06	-0.6	7:17	5:20	
24	Wed	1:49	2.7	2:11	2.7	8:31	-0.5	8:56	-0.5	7:16	5:21	
25	Thu	2:42	2.6	3:01	2.5	9:29	-0.3	9:47	-0.4	7:16	5:22	
26	Fri	3:35	2.5	3:51	2.3	10:28	-0.1	10:39	-0.3	7:15	5:23	
27	Sat	4:29	2.4	4:43	2.0	11:29	0.0	11:32	-0.2	7:14	5:24	
28	Sun	5:29	2.3	5:43	1.9			12:32	0.1	7:14	5:26	
29	Mon	6:37	2.2	6:49	1.8	12:28	-0.1	1:32	0.1	7:13	5:27	
30	Tue	7:38	2.2	7:49	1.9	1:24	-0.1	2:27	0.1	7:12	5:28	
31	Wed	8:29	2.3	8:40	1.9	2:16	-0.1	3:17	0.0	7:11	5:29	