US HARBORS www.USHarbors.com

West Point, VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:58	3.2			5:58	-0.5	6:53	-0.4	7:21	4:59	
2	Mon	12:19	2.4	12:48	3.2	6:49	-0.5	7:40	-0.4	7:22	5:00	
3	Tue	1:11	2.5	1:39	3.0	7:43	-0.5	8:29	-0.4	7:22	5:01	
4	Wed	2:06	2.5	2:31	2.8	8:43	-0.4	9:21	-0.4	7:22	5:02	
5	Thu	3:02	2.6	3:23	2.6	9:47	-0.3	10:13	-0.3	7:22	5:03	
6	Fri	3:59	2.6	4:17	2.3	10:53	-0.1	11:06	-0.3	7:22	5:03	
7	Sat	4:59	2.6	5:15	2.1			12:01	-0.1	7:22	5:04	
8	Sun	6:07	2.6	6:22	1.9	12:01	-0.3	1:09	0.0	7:22	5:05	
9	Mon	7:16	2.6	7:28	1.9	12:59	-0.2	2:12	0.0	7:22	5:06	
10	Tue	8:16	2.6	8:27	1.9	1:57	-0.2	3:10	0.0	7:21	5:07	
11	Wed	9:09	2.6	9:20	1.9	2:51	-0.2	4:04	-0.1	7:21	5:08	
12	Thu	9:57	2.6	10:09	2.0	3:44	-0.2	4:52	-0.1	7:21	5:09	
13	Fri	10:40	2.6	10:54	2.1	4:33	-0.2	5:34	-0.2	7:21	5:10	
14	Sat	11:18	2.6	11:35	2.1	5:18	-0.3	6:11	-0.2	7:20	5:11	
15	Sun	11:54	2.6			5:58	-0.2	6:45	-0.2	7:20	5:12	
16	Mon	12:13	2.1	12:27	2.5	6:35	-0.2	7:17	-0.2	7:20	5:13	
17	Tue	12:51	2.1	1:02	2.4	7:11	-0.2	7:48	-0.2	7:19	5:14	
18	Wed	1:28	2.1	1:37	2.3	7:49	-0.1	8:20	-0.1	7:19	5:15	
19	Thu	2:06	2.1	2:13	2.2	8:31	0.0	8:53	-0.1	7:19	5:16	
20	Fri	2:44	2.1	2:51	2.1	9:16	0.1	9:29	-0.1	7:18	5:17	
21	Sat	3:23	2.1	3:32	1.9	10:05	0.1	10:10	0.0	7:18	5:18	
22	Sun	4:06	2.2	4:17	1.8	10:59	0.2	10:56	0.0	7:17	5:20	
23	Mon	4:56	2.2	5:11	1.7			12:00	0.2	7:16	5:21	
24	Tue	5:58	2.3	6:17	1.7			1:07	0.1	7:16	5:22	
25	Wed	7:05	2.4	7:25	1.7	12:53	-0.1	2:11	0.1	7:15	5:23	
26	Thu	8:08	2.6	8:26	1.9	1:56	-0.2	3:10	-0.1	7:15	5:24	
27	Fri	9:06	2.8	9:24	2.0	2:56	-0.3	4:07	-0.2	7:14	5:25	
28	Sat	10:01	3.0	10:20	2.2	3:56	-0.4	4:59	-0.3	7:13	5:26	
29	Sun	10:54	3.1	11:13	2.4	4:54	-0.6	5:47	-0.5	7:12	5:27	
30	Mon	11:44	3.2			5:48	-0.6	6:32	-0.6	7:12	5:28	
31	Tue	12:04	2.6	12:32	3.1	6:40	-0.7	7:16	-0.6	7:11	5:29	