US HARBORS www.USHarbors.com

West Point, VA - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:47	2.8	5:20	3.2	11:23	0.4			7:31	6:09	
2	Fri	5:55	2.7	6:26	3.0	12:31	0.5	12:34	0.5	7:33	6:08	
3	Sat	7:09	2.8	7:34	2.9	1:31	0.5	1:44	0.5	7:34	6:07	
4	Sun	7:14	2.9	7:31	2.8	1:24	0.5	1:47	0.5	6:35	5:06	
5	Mon	8:06	3.1	8:18	2.8	2:10	0.4	2:41	0.5	6:36	5:05	
6	Tue	8:50	3.2	8:59	2.8	2:51	0.4	3:30	0.4	6:37	5:04	
7	Wed	9:29	3.3	9:38	2.8	3:29	0.3	4:14	0.4	6:38	5:03	
8	Thu	10:05	3.3	10:16	2.8	4:06	0.3	4:55	0.3	6:39	5:02	
9	Fri	10:40	3.4	10:53	2.7	4:42	0.3	5:33	0.3	6:40	5:01	
10	Sat	11:15	3.4	11:30	2.7	5:16	0.3	6:08	0.3	6:41	5:00	
11	Sun	11:49	3.3			5:50	0.3	6:42	0.3	6:42	4:59	
12	Mon	12:06	2.6	12:24	3.2	6:23	0.3	7:18	0.4	6:43	4:59	
13	Tue	12:43	2.5	1:01	3.2	6:58	0.4	7:56	0.4	6:44	4:58	
14	Wed	1:23	2.5	1:42	3.1	7:36	0.4	8:39	0.5	6:45	4:57	
15	Thu	2:07	2.4	2:27	3.0	8:22	0.5	9:27	0.5	6:46	4:56	
16	Fri	2:55	2.4	3:14	2.9	9:16	0.5	10:17	0.4	6:47	4:56	
17	Sat	3:46	2.5	4:06	2.9	10:18	0.5	11:09	0.4	6:48	4:55	
18	Sun	4:41	2.6	5:03	2.8	11:24	0.5			6:49	4:54	
19	Mon	5:44	2.7	6:06	2.8	12:03	0.3	12:34	0.4	6:50	4:54	
20	Tue	6:47	3.0	7:09	2.8	12:57	0.2	1:40	0.3	6:51	4:53	
21	Wed	7:45	3.2	8:08	2.8	1:50	0.0	2:41	0.1	6:52	4:53	
22	Thu	8:40	3.5	9:03	2.9	2:41	-0.1	3:39	0.0	6:54	4:52	
23	Fri	9:33	3.7	9:57	2.9	3:33	-0.2	4:36	-0.1	6:55	4:52	
24	Sat	10:27	3.8	10:50	2.9	4:26	-0.3	5:31	-0.1	6:56	4:51	
25	Sun	11:20	3.8	11:43	2.8	5:18	-0.3	6:22	-0.1	6:57	4:51	
26	Mon			12:12	3.7	6:10	-0.3	7:14	-0.1	6:58	4:50	
27	Tue	12:35	2.7	1:06	3.5	7:02	-0.2	8:07	0.0	6:59	4:50	
28	Wed	1:31	2.7	2:00	3.3	7:57	-0.1	9:03	0.1	7:00	4:50	
29	Thu	2:29	2.6	2:55	3.0	8:58	0.1	10:00	0.2	7:01	4:49	
30	Fri	3:28	2.5	3:49	2.8	10:03	0.2	10:54	0.2	7:02	4:49	