

































## West Point, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:11	2.4	7:59	3.1	1:56	0.3	1:48	0.2	5:49	8:32	
2	Thu	8:14	2.3	8:54	3.1	2:55	0.3	2:41	0.2	5:50	8:32	
3	Fri	9:10	2.3	9:42	3.1	3:48	0.3	3:32	0.2	5:50	8:32	
4	Sat	10:00	2.4	10:28	3.1	4:38	0.3	4:21	0.2	5:51	8:31	
5	Sun	10:47	2.4	11:10	3.1	5:24	0.2	5:09	0.2	5:51	8:31	
6	Mon	11:31	2.5	11:50	3.1	6:06	0.2	5:54	0.2	5:52	8:31	
7	Tue			12:12	2.5	6:44	0.2	6:35	0.2	5:52	8:31	
8	Wed	12:27	3.1	12:51	2.6	7:18	0.2	7:13	0.2	5:53	8:31	
9	Thu	1:02	3.0	1:28	2.6	7:50	0.1	7:50	0.3	5:54	8:30	
10	Fri	1:38	3.0	2:05	2.7	8:21	0.2	8:28	0.3	5:54	8:30	
11	Sat	2:14	2.9	2:42	2.7	8:54	0.2	9:09	0.4	5:55	8:29	
12	Sun	2:51	2.8	3:20	2.8	9:28	0.2	9:54	0.4	5:56	8:29	
13	Mon	3:31	2.7	4:00	2.8	10:06	0.2	10:44	0.4	5:56	8:29	
14	Tue	4:13	2.6	4:42	2.9	10:48	0.2	11:38	0.4	5:57	8:28	
15	Wed	4:59	2.5	5:30	3.0	11:34	0.2			5:58	8:28	
16	Thu	5:52	2.4	6:26	3.0	12:37	0.4	12:27	0.2	5:58	8:27	
17	Fri	6:54	2.4	7:31	3.1	1:42	0.4	1:27	0.2	5:59	8:27	
18	Sat	8:03	2.4	8:36	3.3	2:47	0.3	2:30	0.1	6:00	8:26	
19	Sun	9:07	2.5	9:38	3.5	3:48	0.2	3:33	0.0	6:01	8:25	
20	Mon	10:09	2.7	10:38	3.6	4:48	0.1	4:36	0.0	6:01	8:25	
21	Tue	11:08	2.9	11:35	3.7	5:44	0.0	5:38	-0.1	6:02	8:24	
22	Wed			12:05	3.0	6:35	-0.1	6:36	-0.2	6:03	8:23	
23	Thu	12:29	3.6	12:59	3.2	7:23	-0.2	7:32	-0.2	6:04	8:23	
24	Fri	1:21	3.5	1:52	3.3	8:10	-0.2	8:27	-0.1	6:04	8:22	
25	Sat	2:11	3.4	2:45	3.4	8:57	-0.1	9:25	0.0	6:05	8:21	
26	Sun	3:02	3.1	3:39	3.4	9:45	-0.1	10:25	0.1	6:06	8:20	
27	Mon	3:52	2.9	4:31	3.3	10:35	0.0	11:26	0.3	6:07	8:19	
28	Tue	4:42	2.7	5:24	3.2	11:25	0.2			6:08	8:19	
29	Wed	5:35	2.5	6:21	3.1	12:26	0.4	12:18	0.3	6:09	8:18	
30	Thu	6:34	2.3	7:25	3.0	1:28	0.5	1:13	0.4	6:09	8:17	
31	Fri	7:41	2.3	8:25	3.0	2:27	0.5	2:11	0.4	6:10	8:16	