US HARBORS www.USHarbors.com

West Point, VA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:40	3.5	9:59	3.0	3:43	0.3	4:36	0.3	6:32	5:09	
2	Mon	10:21	3.6	10:42	3.0	4:25	0.2	5:20	0.2	6:33	5:07	
3	Tue	11:03	3.7	11:26	3.0	5:07	0.1	6:03	0.2	6:34	5:06	
4	Wed	11:47	3.7			5:50	0.1	6:47	0.2	6:35	5:05	
5	Thu	12:11	2.9	12:34	3.7	6:35	0.1	7:35	0.2	6:36	5:04	
6	Fri	1:00	2.9	1:25	3.6	7:23	0.1	8:29	0.3	6:37	5:03	
7	Sat	1:54	2.8	2:20	3.5	8:19	0.2	9:28	0.3	6:38	5:02	
8	Sun	2:53	2.8	3:18	3.3	9:24	0.3	10:29	0.3	6:39	5:02	
9	Mon	3:55	2.8	4:19	3.2	10:34	0.3	11:29	0.3	6:40	5:01	
10	Tue	5:02	2.9	5:25	3.0	11:46	0.3			6:41	5:00	
11	Wed	6:14	3.0	6:34	2.9	12:28	0.3	12:58	0.3	6:43	4:59	
12	Thu	7:21	3.2	7:37	2.9	1:24	0.2	2:03	0.3	6:44	4:58	
13	Fri	8:17	3.4	8:31	2.9	2:16	0.1	3:01	0.2	6:45	4:57	
14	Sat	9:07	3.5	9:21	2.8	3:04	0.1	3:56	0.1	6:46	4:57	
15	Sun	9:54	3.6	10:08	2.8	3:52	0.0	4:46	0.1	6:47	4:56	
16	Mon	10:39	3.6	10:52	2.8	4:38	0.0	5:32	0.1	6:48	4:55	
17	Tue	11:20	3.5	11:34	2.7	5:21	0.0	6:14	0.1	6:49	4:55	
18	Wed	11:59	3.4			6:01	0.1	6:53	0.2	6:50	4:54	
19	Thu	12:15	2.7	12:38	3.2	6:40	0.2	7:33	0.2	6:51	4:53	
20	Fri	12:57	2.6	1:18	3.1	7:18	0.3	8:14	0.3	6:52	4:53	
21	Sat	1:40	2.5	1:59	2.9	7:59	0.3	8:57	0.4	6:53	4:52	
22	Sun	2:25	2.4	2:42	2.8	8:46	0.4	9:41	0.4	6:54	4:52	
23	Mon	3:12	2.4	3:26	2.7	9:38	0.5	10:24	0.4	6:55	4:51	
24	Tue	3:58	2.4	4:12	2.5	10:34	0.5	11:09	0.4	6:56	4:51	
25	Wed	4:48	2.4	5:03	2.4	11:34	0.6	11:55	0.4	6:57	4:50	
26	Thu	5:43	2.5	5:59	2.4			12:36	0.5	6:58	4:50	
27	Fri	6:40	2.6	6:57	2.3	12:42	0.3	1:34	0.4	6:59	4:50	
28	Sat	7:32	2.8	7:50	2.4	1:30	0.2	2:27	0.3	7:00	4:49	
29	Sun	8:20	3.0	8:40	2.4	2:17	0.1	3:18	0.2	7:01	4:49	
30	Mon	9:07	3.2	9:28	2.5	3:04	0.0	4:09	0.1	7:02	4:49	