US HARBORS www.USHarbors.com

West Point, VA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:40	2.6	4:06	2.9	10:07	0.3	10:59	0.6	6:11	8:15	
2	Mon	4:22	2.5	4:48	2.9	10:49	0.4	11:51	0.6	6:12	8:14	
3	Tue	5:08	2.4	5:36	3.0	11:38	0.4			6:13	8:13	
4	Wed	6:01	2.4	6:34	3.0	12:50	0.6	12:33	0.4	6:13	8:12	
5	Thu	7:06	2.4	7:40	3.1	1:54	0.5	1:35	0.4	6:14	8:11	
6	Fri	8:14	2.5	8:44	3.3	2:55	0.5	2:39	0.3	6:15	8:10	
7	Sat	9:15	2.6	9:42	3.4	3:52	0.3	3:41	0.2	6:16	8:09	
8	Sun	10:13	2.9	10:38	3.6	4:46	0.2	4:42	0.1	6:17	8:08	
9	Mon	11:08	3.1	11:31	3.7	5:38	0.1	5:41	0.0	6:18	8:07	
10	Tue			12:01	3.3	6:26	-0.1	6:37	-0.1	6:18	8:06	
11	Wed	12:22	3.7	12:53	3.5	7:11	-0.1	7:31	-0.1	6:19	8:04	
12	Thu	1:12	3.6	1:43	3.7	7:56	-0.2	8:25	-0.1	6:20	8:03	
13	Fri	2:02	3.4	2:36	3.7	8:42	-0.1	9:22	0.0	6:21	8:02	
14	Sat	2:53	3.2	3:30	3.7	9:32	0.0	10:22	0.2	6:22	8:01	
15	Sun	3:46	3.0	4:25	3.6	10:25	0.1	11:25	0.3	6:23	8:00	
16	Mon	4:39	2.8	5:22	3.4	11:21	0.2			6:24	7:58	
17	Tue	5:37	2.6	6:26	3.3	12:28	0.4	12:20	0.3	6:24	7:57	
18	Wed	6:43	2.5	7:37	3.2	1:33	0.5	1:24	0.4	6:25	7:56	
19	Thu	7:57	2.5	8:40	3.2	2:35	0.5	2:27	0.4	6:26	7:54	
20	Fri	9:00	2.6	9:32	3.2	3:30	0.5	3:25	0.4	6:27	7:53	
21	Sat	9:52	2.7	10:17	3.2	4:18	0.5	4:18	0.4	6:28	7:52	
22	Sun	10:38	2.9	10:57	3.2	5:03	0.4	5:07	0.4	6:29	7:50	
23	Mon	11:20	3.0	11:34	3.2	5:42	0.4	5:51	0.4	6:30	7:49	
24	Tue	11:58	3.1			6:17	0.3	6:31	0.4	6:30	7:48	
25	Wed	12:09	3.2	12:32	3.2	6:48	0.3	7:08	0.4	6:31	7:46	
26	Thu	12:43	3.2	1:05	3.2	7:18	0.3	7:43	0.4	6:32	7:45	
27	Fri	1:17	3.1	1:38	3.3	7:46	0.3	8:18	0.5	6:33	7:43	
28	Sat	1:51	3.0	2:12	3.3	8:16	0.3	8:55	0.5	6:34	7:42	
29	Sun	2:28	2.9	2:48	3.2	8:49	0.4	9:36	0.6	6:35	7:41	
30	Mon	3:07	2.8	3:28	3.2	9:27	0.4	10:23	0.7	6:35	7:39	
31	Tue	3:50	2.7	4:13	3.2	10:12	0.5	11:17	0.7	6:36	7:38	