

































## West Point, VA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:46	2.6	11:05	3.4	5:22	0.1	5:09	0.0	5:49	8:32	
2	Tue	11:37	2.7	11:56	3.5	6:12	0.0	6:01	-0.1	5:50	8:32	
3	Wed			12:27	2.8	6:59	-0.1	6:52	-0.1	5:50	8:32	
4	Thu	12:46	3.5	1:18	2.9	7:46	-0.1	7:44	-0.1	5:51	8:32	
5	Fri	1:37	3.5	2:10	3.0	8:34	-0.1	8:38	-0.1	5:51	8:31	
6	Sat	2:29	3.4	3:05	3.0	9:26	-0.1	9:38	0.0	5:52	8:31	
7	Sun	3:24	3.3	4:01	3.1	10:20	-0.1	10:42	0.0	5:52	8:31	
8	Mon	4:19	3.1	4:58	3.1	11:14	0.0	11:47	0.1	5:53	8:31	
9	Tue	5:15	2.9	5:58	3.1			12:09	0.0	5:53	8:30	
10	Wed	6:15	2.7	7:02	3.2	12:54	0.2	1:05	0.0	5:54	8:30	
11	Thu	7:21	2.6	8:07	3.2	1:59	0.2	2:02	0.1	5:55	8:30	
12	Fri	8:26	2.5	9:05	3.3	3:01	0.2	2:57	0.1	5:55	8:29	
13	Sat	9:24	2.5	9:57	3.3	3:57	0.2	3:50	0.1	5:56	8:29	
14	Sun	10:16	2.6	10:45	3.3	4:51	0.1	4:42	0.1	5:57	8:28	
15	Mon	11:06	2.6	11:30	3.3	5:40	0.1	5:32	0.1	5:57	8:28	
16	Tue	11:51	2.7			6:24	0.1	6:18	0.1	5:58	8:27	
17	Wed	12:11	3.2	12:34	2.7	7:04	0.1	7:00	0.2	5:59	8:27	
18	Thu	12:49	3.2	1:13	2.7	7:40	0.1	7:39	0.2	6:00	8:26	
19	Fri	1:26	3.1	1:53	2.7	8:15	0.1	8:17	0.3	6:00	8:26	
20	Sat	2:04	3.0	2:32	2.7	8:49	0.2	8:58	0.4	6:01	8:25	
21	Sun	2:42	2.9	3:11	2.7	9:24	0.2	9:42	0.4	6:02	8:24	
22	Mon	3:22	2.8	3:51	2.7	10:01	0.3	10:29	0.5	6:03	8:24	
23	Tue	4:03	2.6	4:31	2.7	10:40	0.3	11:18	0.5	6:03	8:23	
24	Wed	4:46	2.5	5:13	2.8	11:21	0.3			6:04	8:22	
25	Thu	5:32	2.4	6:01	2.8	12:11	0.5	12:07	0.4	6:05	8:21	
26	Fri	6:25	2.4	6:56	2.9	1:09	0.5	12:58	0.3	6:06	8:21	
27	Sat	7:27	2.4	7:56	3.0	2:09	0.5	1:54	0.3	6:07	8:20	
28	Sun	8:28	2.5	8:54	3.2	3:06	0.4	2:52	0.2	6:07	8:19	
29	Mon	9:25	2.6	9:49	3.4	4:01	0.3	3:49	0.1	6:08	8:18	
30	Tue	10:20	2.7	10:43	3.6	4:56	0.2	4:46	0.0	6:09	8:17	
31	Wed	11:15	2.9	11:37	3.7	5:48	0.0	5:43	-0.1	6:10	8:16	