US HARBORS www.USHarbors.com

West Point, VA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:42	2.5	4:58	2.1	11:45	0.2	11:49	0.1	6:37	6:01	
2	Mon	5:46	2.4	6:03	2.0			12:47	0.2	6:36	6:02	
3	Tue	6:55	2.4	7:12	2.0	12:49	0.1	1:45	0.2	6:34	6:03	
4	Wed	7:54	2.4	8:09	2.1	1:47	0.1	2:36	0.2	6:33	6:04	
5	Thu	8:43	2.5	8:57	2.2	2:40	0.1	3:23	0.2	6:31	6:05	
6	Fri	9:26	2.6	9:40	2.4	3:28	0.0	4:06	0.1	6:30	6:05	
7	Sat	10:06	2.7	10:20	2.5	4:14	0.0	4:44	0.0	6:29	6:06	
8	Sun	11:43	2.7	11:57	2.6	5:55	-0.1	6:19	-0.1	7:27	7:07	
9	Mon			12:18	2.8	6:34	-0.1	6:52	-0.1	7:26	7:08	
10	Tue	12:31	2.7	12:52	2.8	7:10	-0.1	7:23	-0.1	7:24	7:09	
11	Wed	1:05	2.8	1:26	2.8	7:45	-0.1	7:55	-0.1	7:23	7:10	
12	Thu	1:40	2.8	2:02	2.7	8:21	-0.1	8:30	-0.1	7:21	7:11	
13	Fri	2:17	2.8	2:42	2.6	9:02	0.0	9:09	-0.1	7:20	7:12	
14	Sat	2:59	2.8	3:25	2.6	9:48	0.0	9:55	0.0	7:18	7:13	
15	Sun	3:45	2.8	4:13	2.5	10:41	0.1	10:47	0.0	7:17	7:14	
16	Mon	4:37	2.8	5:06	2.4	11:40	0.2	11:46	0.0	7:15	7:15	
17	Tue	5:35	2.8	6:08	2.4			12:47	0.2	7:14	7:16	
18	Wed	6:44	2.8	7:20	2.4	12:53	0.0	1:57	0.1	7:12	7:17	
19	Thu	7:59	2.9	8:32	2.6	2:04	0.0	3:02	0.1	7:11	7:18	
20	Fri	9:07	3.0	9:35	2.8	3:11	-0.1	4:01	-0.1	7:09	7:19	
21	Sat	10:07	3.2	10:33	3.0	4:15	-0.2	4:56	-0.2	7:08	7:20	
22	Sun	11:03	3.2	11:27	3.2	5:14	-0.3	5:48	-0.3	7:06	7:20	
23	Mon	11:54	3.3			6:10	-0.4	6:35	-0.3	7:05	7:21	
24	Tue	12:17	3.4	12:41	3.2	7:01	-0.4	7:20	-0.3	7:03	7:22	
25	Wed	1:04	3.4	1:27	3.1	7:49	-0.4	8:03	-0.3	7:02	7:23	
26	Thu	1:51	3.4	2:12	3.0	8:37	-0.2	8:47	-0.2	7:00	7:24	
27	Fri	2:37	3.2	2:58	2.8	9:27	-0.1	9:33	0.0	6:59	7:25	
28	Sat	3:24	3.0	3:45	2.6	10:18	0.1	10:22	0.1	6:57	7:26	
29	Sun	4:12	2.9	4:32	2.5	11:11	0.2	11:14	0.3	6:56	7:27	
30	Mon	5:01	2.7	5:23	2.3			12:05	0.4	6:54	7:28	
31	Tue	5:55	2.5	6:21	2.3	12:10	0.4	1:02	0.4	6:53	7:29	