

West Point, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:48	2.2	6:08	1.8			12:55	0.2	7:21	4:59	
2	Fri	6:47	2.3	7:10	1.8	12:40	0.0	1:54	0.2	7:21	5:00	
3	Sat	7:44	2.5	8:07	1.9	1:35	-0.1	2:50	0.1	7:21	5:01	
4	Sun	8:37	2.7	9:00	2.0	2:29	-0.2	3:44	-0.1	7:21	5:02	
5	Mon	9:30	2.9	9:53	2.1	3:23	-0.3	4:36	-0.2	7:21	5:03	
6	Tue	10:22	3.0	10:45	2.2	4:18	-0.4	5:25	-0.3	7:21	5:04	
7	Wed	11:12	3.1	11:35	2.3	5:11	-0.5	6:12	-0.4	7:21	5:05	
8	Thu			12:01	3.2	6:03	-0.6	6:57	-0.4	7:21	5:06	
9	Fri	12:26	2.4	12:50	3.1	6:54	-0.6	7:43	-0.5	7:21	5:06	
10	Sat	1:18	2.5	1:40	2.9	7:49	-0.5	8:32	-0.5	7:21	5:07	
11	Sun	2:12	2.6	2:32	2.7	8:48	-0.4	9:23	-0.4	7:21	5:08	
12	Mon	3:07	2.6	3:23	2.5	9:51	-0.3	10:14	-0.4	7:21	5:09	
13	Tue	4:03	2.6	4:17	2.2	10:56	-0.2	11:08	-0.3	7:20	5:10	
14	Wed	5:04	2.6	5:16	2.0			12:04	-0.1	7:20	5:11	
15	Thu	6:12	2.5	6:24	1.8	12:05	-0.3	1:11	0.0	7:20	5:12	
16	Fri	7:21	2.5	7:32	1.8	1:05	-0.2	2:15	0.0	7:19	5:13	
17	Sat	8:22	2.6	8:31	1.8	2:04	-0.2	3:12	0.0	7:19	5:14	
18	Sun	9:15	2.6	9:25	1.9	3:00	-0.2	4:06	-0.1	7:19	5:16	
19	Mon	10:03	2.6	10:13	2.0	3:53	-0.2	4:53	-0.1	7:18	5:17	
20	Tue	10:45	2.6	10:57	2.1	4:42	-0.2	5:34	-0.2	7:18	5:18	
21	Wed	11:23	2.6	11:37	2.1	5:26	-0.3	6:10	-0.2	7:17	5:19	
22	Thu	11:57	2.6			6:05	-0.2	6:43	-0.2	7:17	5:20	
23	Fri	12:14	2.1	12:31	2.5	6:41	-0.2	7:14	-0.2	7:16	5:21	
24	Sat	12:50	2.2	1:05	2.4	7:17	-0.1	7:44	-0.2	7:15	5:22	
25	Sun	1:26	2.2	1:40	2.3	7:54	-0.1	8:16	-0.2	7:15	5:23	
26	Mon	2:03	2.2	2:17	2.2	8:35	0.0	8:49	-0.1	7:14	5:24	
27	Tue	2:40	2.2	2:55	2.0	9:19	0.1	9:26	-0.1	7:13	5:25	
28	Wed	3:19	2.2	3:36	1.9	10:08	0.1	10:08	-0.1	7:13	5:26	
29	Thu	4:02	2.2	4:22	1.8	11:02	0.2	10:56	0.0	7:12	5:28	
30	Fri	4:53	2.2	5:17	1.7			12:06	0.2	7:11	5:29	
31	Sat	5:57	2.3	6:25	1.7			1:14	0.2	7:10	5:30	