

West Point, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:20	2.5	5:52	1.9			12:40	0.3	6:37	6:01	
2	Mon	6:36	2.6	7:07	2.0	12:30	0.0	1:49	0.2	6:36	6:02	
3	Tue	7:47	2.7	8:14	2.2	1:41	-0.1	2:50	0.1	6:34	6:03	
4	Wed	8:49	2.9	9:13	2.5	2:46	-0.2	3:45	-0.1	6:33	6:04	
5	Thu	9:45	3.1	10:08	2.8	3:48	-0.3	4:36	-0.2	6:31	6:05	
6	Fri	10:37	3.2	11:00	3.1	4:47	-0.5	5:23	-0.4	6:30	6:06	
7	Sat	11:26	3.2	11:49	3.3	5:41	-0.5	6:07	-0.4	6:28	6:06	
8	Sun			1:13	3.1	7:32	-0.5	7:50	-0.4	7:27	7:07	
9	Mon	1:37	3.3	2:00	2.9	8:23	-0.4	8:34	-0.4	7:26	7:08	
10	Tue	2:27	3.3	2:47	2.7	9:16	-0.3	9:21	-0.3	7:24	7:09	
11	Wed	3:18	3.2	3:37	2.5	10:13	-0.1	10:12	-0.1	7:23	7:10	
12	Thu	4:11	3.0	4:28	2.3	11:12	0.1	11:08	0.0	7:21	7:11	
13	Fri	5:07	2.8	5:23	2.1			12:14	0.2	7:20	7:12	
14	Sat	6:11	2.6	6:28	2.0	12:09	0.1	1:20	0.3	7:18	7:13	
15	Sun	7:29	2.4	7:47	2.0	1:17	0.2	2:25	0.4	7:17	7:14	
16	Mon	8:39	2.5	8:53	2.1	2:25	0.3	3:21	0.4	7:15	7:15	
17	Tue	9:32	2.5	9:45	2.3	3:25	0.2	4:10	0.3	7:14	7:16	
18	Wed	10:16	2.6	10:30	2.5	4:17	0.2	4:52	0.2	7:12	7:17	
19	Thu	10:55	2.7	11:09	2.6	5:05	0.1	5:29	0.2	7:11	7:18	
20	Fri	11:31	2.7	11:45	2.7	5:47	0.1	6:03	0.1	7:09	7:19	
21	Sat			12:04	2.7	6:26	0.0	6:34	0.0	7:08	7:20	
22	Sun	12:18	2.8	12:37	2.7	7:01	0.0	7:03	0.0	7:06	7:21	
23	Mon	12:49	2.9	1:10	2.7	7:34	0.0	7:32	0.0	7:05	7:21	
24	Tue	1:21	2.9	1:43	2.6	8:07	0.1	8:02	0.1	7:03	7:22	
25	Wed	1:54	2.9	2:18	2.5	8:42	0.1	8:35	0.1	7:02	7:23	
26	Thu	2:30	2.9	2:57	2.4	9:22	0.2	9:15	0.1	7:00	7:24	
27	Fri	3:11	2.9	3:40	2.3	10:08	0.3	10:02	0.2	6:59	7:25	
28	Sat	3:59	2.8	4:28	2.3	11:03	0.4	10:57	0.2	6:57	7:26	
29	Sun	4:53	2.8	5:25	2.2			12:06	0.4	6:56	7:27	
30	Mon	5:57	2.8	6:33	2.3	12:01	0.2	1:15	0.4	6:54	7:28	
31	Tue	7:11	2.8	7:48	2.4	1:14	0.2	2:22	0.3	6:53	7:29	