

Windmill Point, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:07	1.5	3:42	1.6	9:52	0.2	10:38	0.3	6:09	8:13	
2	Mon	4:04	1.4	4:42	1.6	10:47	0.2	11:43	0.3	6:10	8:12	
3	Tue	5:08	1.3	5:50	1.6	11:44	0.2			6:10	8:11	
4	Wed	6:19	1.3	7:01	1.6	12:48	0.3	12:45	0.2	6:11	8:10	
5	Thu	7:29	1.3	8:08	1.6	1:53	0.3	1:49	0.3	6:12	8:09	
6	Fri	8:33	1.4	9:07	1.6	2:55	0.3	2:53	0.2	6:13	8:08	
7	Sat	9:29	1.4	10:00	1.6	3:52	0.3	3:53	0.2	6:14	8:07	
8	Sun	10:21	1.5	10:48	1.6	4:43	0.3	4:48	0.2	6:15	8:06	
9	Mon	11:09	1.5	11:32	1.6	5:29	0.2	5:37	0.2	6:16	8:05	
10	Tue	11:55	1.5			6:12	0.2	6:24	0.3	6:16	8:03	
11	Wed	12:14	1.6	12:38	1.5	6:52	0.3	7:08	0.3	6:17	8:02	
12	Thu	12:55	1.6	1:19	1.5	7:30	0.3	7:51	0.4	6:18	8:01	
13	Fri	1:35	1.5	1:59	1.5	8:07	0.3	8:35	0.4	6:19	8:00	
14	Sat	2:15	1.5	2:39	1.5	8:42	0.4	9:20	0.5	6:20	7:59	
15	Sun	2:56	1.4	3:19	1.5	9:19	0.4	10:07	0.5	6:21	7:57	
16	Mon	3:39	1.3	4:02	1.5	9:57	0.5	10:56	0.6	6:22	7:56	
17	Tue	4:25	1.3	4:50	1.4	10:38	0.5	11:48	0.6	6:22	7:55	
18	Wed	5:18	1.3	5:46	1.4	11:24	0.5			6:23	7:53	
19	Thu	6:17	1.2	6:46	1.5	12:41	0.6	12:15	0.5	6:24	7:52	
20	Fri	7:17	1.3	7:44	1.5	1:36	0.6	1:10	0.5	6:25	7:51	
21	Sat	8:11	1.3	8:35	1.6	2:30	0.6	2:09	0.5	6:26	7:50	
22	Sun	9:00	1.4	9:21	1.6	3:20	0.5	3:07	0.4	6:27	7:48	
23	Mon	9:45	1.5	10:05	1.7	4:07	0.4	4:02	0.4	6:28	7:47	
24	Tue	10:29	1.6	10:49	1.7	4:50	0.4	4:54	0.3	6:28	7:45	
25	Wed	11:13	1.7	11:34	1.7	5:33	0.3	5:44	0.3	6:29	7:44	
26	Thu	11:58	1.7			6:15	0.2	6:35	0.2	6:30	7:43	
27	Fri	12:21	1.7	12:45	1.8	6:59	0.2	7:27	0.3	6:31	7:41	
28	Sat	1:09	1.7	1:34	1.8	7:45	0.2	8:24	0.3	6:32	7:40	
29	Sun	2:00	1.6	2:27	1.8	8:35	0.3	9:24	0.3	6:33	7:38	
30	Mon	2:53	1.6	3:23	1.8	9:30	0.3	10:27	0.4	6:33	7:37	
31	Tue	3:52	1.5	4:27	1.7	10:28	0.4	11:31	0.4	6:34	7:35	