

































Windmill Point, VA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:42	1.1	7:16	1.3	1:00	0.4	12:51	0.3	5:47	8:30	
2	Mon	7:37	1.1	8:06	1.4	1:57	0.4	1:37	0.3	5:47	8:30	
3	Tue	8:28	1.1	8:52	1.4	2:51	0.4	2:23	0.3	5:48	8:30	
4	Wed	9:15	1.1	9:36	1.4	3:42	0.3	3:10	0.3	5:48	8:30	
5	Thu	9:59	1.1	10:18	1.4	4:28	0.3	3:56	0.3	5:49	8:30	
6	Fri	10:40	1.1	10:57	1.5	5:09	0.3	4:39	0.3	5:49	8:29	
7	Sat	11:19	1.1	11:34	1.5	5:47	0.3	5:20	0.2	5:50	8:29	
8	Sun	11:57	1.2			6:23	0.2	6:01	0.2	5:51	8:29	
9	Mon	12:10	1.5	12:34	1.2	6:57	0.2	6:43	0.2	5:51	8:29	
10	Tue	12:45	1.5	1:11	1.3	7:32	0.2	7:26	0.2	5:52	8:28	
11	Wed	1:22	1.4	1:51	1.3	8:09	0.2	8:14	0.3	5:52	8:28	
12	Thu	2:02	1.4	2:33	1.3	8:49	0.2	9:06	0.3	5:53	8:27	
13	Fri	2:46	1.4	3:19	1.4	9:31	0.2	10:03	0.3	5:54	8:27	
14	Sat	3:34	1.3	4:09	1.4	10:16	0.2	11:04	0.3	5:54	8:27	
15	Sun	4:28	1.3	5:06	1.5	11:05	0.2			5:55	8:26	
16	Mon	5:29	1.2	6:10	1.5	12:08	0.3	11:58 AM	0.2	5:56	8:26	
17	Tue	6:37	1.2	7:18	1.6	1:16	0.3	12:57	0.2	5:57	8:25	
18	Wed	7:47	1.2	8:24	1.6	2:24	0.3	2:01	0.2	5:57	8:24	
19	Thu	8:51	1.2	9:26	1.6	3:29	0.2	3:08	0.2	5:58	8:24	
20	Fri	9:51	1.3	10:24	1.7	4:27	0.2	4:12	0.1	5:59	8:23	
21	Sat	10:47	1.3	11:19	1.7	5:20	0.2	5:11	0.1	6:00	8:23	
22	Sun	11:41	1.4			6:08	0.1	6:06	0.1	6:00	8:22	
23	Mon	12:10	1.6	12:33	1.4	6:54	0.1	6:59	0.1	6:01	8:21	
24	Tue	12:58	1.6	1:23	1.5	7:39	0.1	7:51	0.2	6:02	8:20	
25	Wed	1:45	1.5	2:12	1.5	8:23	0.2	8:44	0.3	6:03	8:20	
26	Thu	2:30	1.4	3:00	1.5	9:07	0.2	9:37	0.3	6:04	8:19	
27	Fri	3:16	1.3	3:49	1.4	9:50	0.3	10:31	0.4	6:04	8:18	
28	Sat	4:04	1.3	4:38	1.4	10:33	0.3	11:25	0.5	6:05	8:17	
29	Sun	4:57	1.2	5:31	1.4	11:16	0.4			6:06	8:16	
30	Mon	5:55	1.1	6:28	1.4	12:20	0.5	12:00	0.4	6:07	8:15	
31	Tue	6:55	1.1	7:24	1.4	1:16	0.5	12:46	0.5	6:08	8:14	