

Windmill Point, VA - Jul 1991

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 1:56 | 1.3 | 2:26 | 1.2 | 8:40 | 0.2 | 8:43 | 0.3 | 5:47 | 8:30 | ☾ |
| 2 | Tue | 2:32 | 1.3 | 3:04 | 1.2 | 9:16 | 0.2 | 9:32 | 0.4 | 5:47 | 8:30 | ☾ |
| 3 | Wed | 3:11 | 1.3 | 3:46 | 1.3 | 9:54 | 0.2 | 10:25 | 0.4 | 5:48 | 8:30 | ☾ |
| 4 | Thu | 3:56 | 1.2 | 4:33 | 1.3 | 10:36 | 0.2 | 11:21 | 0.4 | 5:48 | 8:30 | ☾ |
| 5 | Fri | 4:47 | 1.2 | 5:27 | 1.4 | 11:22 | 0.2 | | | 5:49 | 8:30 | ☾ |
| 6 | Sat | 5:46 | 1.2 | 6:27 | 1.4 | 12:22 | 0.4 | 12:13 | 0.2 | 5:49 | 8:29 | ☾ |
| 7 | Sun | 6:52 | 1.1 | 7:29 | 1.5 | 1:27 | 0.3 | 1:09 | 0.2 | 5:50 | 8:29 | ☾ |
| 8 | Mon | 7:58 | 1.2 | 8:31 | 1.6 | 2:35 | 0.3 | 2:11 | 0.2 | 5:50 | 8:29 | ☾ |
| 9 | Tue | 9:00 | 1.2 | 9:31 | 1.6 | 3:39 | 0.2 | 3:16 | 0.1 | 5:51 | 8:29 | ☾ |
| 10 | Wed | 9:59 | 1.3 | 10:29 | 1.7 | 4:37 | 0.1 | 4:19 | 0.1 | 5:52 | 8:28 | ☾ |
| 11 | Thu | 10:56 | 1.3 | 11:25 | 1.7 | 5:31 | 0.1 | 5:18 | 0.0 | 5:52 | 8:28 | ☾ |
| 12 | Fri | 11:52 | 1.4 | | | 6:21 | 0.1 | 6:16 | 0.0 | 5:53 | 8:28 | ☾ |
| 13 | Sat | 12:21 | 1.7 | 12:47 | 1.4 | 7:11 | 0.0 | 7:14 | 0.0 | 5:54 | 8:27 | ☾ |
| 14 | Sun | 1:15 | 1.6 | 1:43 | 1.5 | 8:00 | 0.0 | 8:13 | 0.1 | 5:54 | 8:27 | ☾ |
| 15 | Mon | 2:08 | 1.5 | 2:38 | 1.5 | 8:49 | 0.1 | 9:13 | 0.1 | 5:55 | 8:26 | ☾ |
| 16 | Tue | 3:01 | 1.4 | 3:34 | 1.5 | 9:39 | 0.1 | 10:14 | 0.2 | 5:56 | 8:26 | ☾ |
| 17 | Wed | 3:55 | 1.3 | 4:32 | 1.5 | 10:29 | 0.2 | 11:15 | 0.3 | 5:56 | 8:25 | ☾ |
| 18 | Thu | 4:52 | 1.2 | 5:31 | 1.5 | 11:19 | 0.2 | | | 5:57 | 8:25 | ☾ |
| 19 | Fri | 5:52 | 1.2 | 6:31 | 1.4 | 12:14 | 0.3 | 12:10 | 0.3 | 5:58 | 8:24 | ☾ |
| 20 | Sat | 6:53 | 1.1 | 7:28 | 1.4 | 1:13 | 0.4 | 1:01 | 0.3 | 5:59 | 8:23 | ☾ |
| 21 | Sun | 7:50 | 1.1 | 8:21 | 1.4 | 2:11 | 0.4 | 1:54 | 0.3 | 5:59 | 8:23 | ☾ |
| 22 | Mon | 8:42 | 1.2 | 9:09 | 1.4 | 3:07 | 0.4 | 2:46 | 0.4 | 6:00 | 8:22 | ☾ |
| 23 | Tue | 9:30 | 1.2 | 9:53 | 1.5 | 3:57 | 0.4 | 3:36 | 0.3 | 6:01 | 8:21 | ☾ |
| 24 | Wed | 10:14 | 1.2 | 10:34 | 1.5 | 4:41 | 0.4 | 4:21 | 0.3 | 6:02 | 8:21 | ☾ |
| 25 | Thu | 10:55 | 1.2 | 11:13 | 1.5 | 5:20 | 0.3 | 5:03 | 0.3 | 6:03 | 8:20 | ☾ |
| 26 | Fri | 11:34 | 1.3 | 11:49 | 1.5 | 5:55 | 0.3 | 5:41 | 0.3 | 6:03 | 8:19 | ☾ |
| 27 | Sat | | | 12:10 | 1.3 | 6:27 | 0.3 | 6:19 | 0.3 | 6:04 | 8:18 | ☾ |
| 28 | Sun | 12:22 | 1.5 | 12:44 | 1.3 | 6:58 | 0.3 | 6:58 | 0.3 | 6:05 | 8:17 | ☾ |
| 29 | Mon | 12:54 | 1.5 | 1:17 | 1.4 | 7:28 | 0.3 | 7:38 | 0.3 | 6:06 | 8:16 | ☾ |
| 30 | Tue | 1:27 | 1.4 | 1:52 | 1.4 | 8:01 | 0.3 | 8:22 | 0.4 | 6:07 | 8:16 | ☾ |
| 31 | Wed | 2:03 | 1.4 | 2:29 | 1.4 | 8:37 | 0.3 | 9:09 | 0.4 | 6:07 | 8:15 | ☾ |