

Admiralty Head, WA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:57	8.4	10:31	6.7	2:05	4.5	3:14	0.5	6:51	5:54	
2	Thu	8:41	8.2			3:06	5.4	4:16	0.1	6:49	5:56	
3	Fri	12:11	7.0	9:35 AM	8.0	4:27	5.9	5:21	-0.2	6:47	5:57	
4	Sat	1:22	7.6	10:40 AM	7.8	5:55	6.0	6:25	-0.4	6:45	5:59	
5	Sun	2:12	8.1	11:52 AM	7.7	7:09	5.7	7:23	-0.6	6:43	6:00	
6	Mon	2:53	8.4	1:05	7.7	8:08	5.1	8:15	-0.5	6:41	6:02	
7	Tue	3:28	8.7	2:13	7.8	8:57	4.4	9:02	-0.2	6:39	6:03	
8	Wed	4:01	8.9	3:15	7.9	9:42	3.6	9:46	0.3	6:37	6:05	
9	Thu	4:32	8.9	4:12	7.9	10:25	2.8	10:30	0.9	6:35	6:06	
10	Fri	5:01	8.9	5:07	7.7	11:09	2.1	11:13	1.8	6:33	6:08	
11	Sat	5:29	8.7	6:02	7.5	11:53	1.6	11:57	2.7	6:31	6:09	
12	Sun	5:58	8.5	7:00	7.3			12:38	1.2	6:29	6:11	
13	Mon	6:28	8.3	8:04	7.1	12:43	3.6	1:24	1.0	6:27	6:12	
14	Tue	7:01	7.9	9:23	6.9	1:34	4.5	2:12	1.0	6:25	6:14	
15	Wed	7:37	7.5	10:55	7.0	2:33	5.2	3:05	1.1	6:23	6:15	
16	Thu	8:19	7.2			3:46	5.7	4:02	1.2	6:21	6:17	
17	Fri	12:17	7.2	9:10 AM	6.8	5:18	5.9	5:04	1.3	6:19	6:18	
18	Sat	1:17	7.5	10:13 AM	6.6	6:49	5.8	6:05	1.4	6:17	6:20	
19	Sun	2:00	7.7	11:23 AM	6.5	7:45	5.5	6:59	1.3	6:15	6:21	
20	Mon	2:32	7.8	12:32	6.6	8:18	5.0	7:45	1.3	6:13	6:23	
21	Tue	2:56	7.9	1:33	6.8	8:43	4.5	8:25	1.3	6:11	6:24	
22	Wed	3:15	8.0	2:27	7.1	9:08	3.9	9:02	1.4	6:09	6:25	
23	Thu	3:34	8.1	3:17	7.3	9:36	3.1	9:38	1.7	6:07	6:27	
24	Fri	3:56	8.2	4:06	7.5	10:07	2.3	10:15	2.1	6:05	6:28	
25	Sat	4:22	8.3	4:56	7.7	10:42	1.5	10:53	2.6	6:02	6:30	
26	Sun	4:51	8.4	5:48	7.7	11:21	0.7	11:34	3.3	6:00	6:31	
27	Mon	5:23	8.4	6:44	7.7			12:04	0.1	5:58	6:33	
28	Tue	5:57	8.3	7:46	7.6	12:19	4.0	12:51	-0.4	5:56	6:34	
29	Wed	6:35	8.0	8:58	7.5	1:09	4.7	1:42	-0.6	5:54	6:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	7:18	7.7	10:19	7.6	2:09	5.3	2:39	-0.5	5:52	6:37	
31	Fri	8:11	7.4	11:36	7.7	3:24	5.6	3:41	-0.3	5:50	6:39	