

Admiralty Head, WA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:18	9.1	8:04	7.1	12:19	3.5	1:21	-0.1	6:51	5:54	
2	Fri	6:48	8.9	9:43	7.0	1:03	4.8	2:15	-0.6	6:49	5:56	
3	Sat	7:22	8.7	11:36	7.4	1:54	5.9	3:14	-0.8	6:47	5:57	
4	Sun	8:02	8.3			3:05	6.8	4:20	-0.8	6:45	5:59	
5	Mon	1:02	7.9	8:58 AM	7.9	4:53	7.2	5:30	-0.7	6:43	6:00	
6	Tue	1:57	8.3	10:17 AM	7.5	7:05	6.9	6:38	-0.5	6:41	6:02	
7	Wed	2:38	8.6	11:46 AM	7.2	8:20	6.3	7:36	-0.4	6:39	6:03	
8	Thu	3:12	8.7	1:09	7.2	8:57	5.6	8:25	-0.1	6:37	6:05	
9	Fri	3:41	8.7	2:19	7.2	9:28	4.8	9:07	0.4	6:35	6:06	
10	Sat	4:06	8.7	3:19	7.3	9:58	3.9	9:44	1.1	6:33	6:08	
11	Sun	4:26	8.6	4:12	7.3	10:29	3.1	10:20	1.8	6:31	6:09	
12	Mon	4:42	8.5	5:03	7.3	11:01	2.3	10:56	2.7	6:29	6:11	
13	Tue	4:58	8.4	5:54	7.2	11:34	1.5	11:34	3.6	6:27	6:12	
14	Wed	5:16	8.3	6:46	7.2			12:09	1.0	6:25	6:14	
15	Thu	5:39	8.1	7:45	7.1	12:13	4.5	12:46	0.6	6:23	6:15	
16	Fri	6:04	7.9	8:59	7.1	12:56	5.3	1:26	0.4	6:21	6:17	
17	Sat	6:30	7.6	10:40	7.1	1:45	6.0	2:11	0.4	6:19	6:18	
18	Sun	6:58	7.4			2:49	6.6	3:03	0.5	6:17	6:20	
19	Mon	12:17	7.4	7:29 AM	7.1	4:28	6.9	4:03	0.6	6:15	6:21	
20	Tue	1:17	7.6	8:25 AM	6.9	7:14	6.8	5:09	0.6	6:13	6:23	
21	Wed	1:54	7.9	9:52 AM	6.8	7:43	6.5	6:11	0.5	6:11	6:24	
22	Thu	2:19	8.0	11:15 AM	6.8	7:53	6.0	7:04	0.4	6:08	6:26	
23	Fri	2:38	8.1	12:33	6.9	8:13	5.2	7:51	0.4	6:06	6:27	
24	Sat	2:55	8.2	1:45	7.2	8:40	4.2	8:33	0.7	6:04	6:29	
25	Sun	3:12	8.3	2:52	7.5	9:13	2.9	9:13	1.4	6:02	6:30	
26	Mon	3:32	8.5	3:55	7.8	9:50	1.5	9:54	2.2	6:00	6:31	
27	Tue	3:56	8.7	4:57	8.0	10:29	0.2	10:36	3.2	5:58	6:33	
28	Wed	4:22	8.8	6:00	8.1	11:12	-0.9	11:20	4.3	5:56	6:34	
29	Thu	4:52	8.8	7:06	8.1	11:59	-1.7			5:54	6:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	5:24	8.6	8:19	8.1	12:08	5.3	12:48	-1.9	5:52	6:37	
31	Sat	6:00	8.4	9:42	8.0	1:04	6.1	1:43	-1.8	5:50	6:39	