

Admiralty Head, WA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:40	9.7	2:48	8.9	10:24	7.2	10:36	-3.0	8:01	4:27	
2	Sat	6:14	9.9	3:51	8.5	11:21	6.6	11:22	-2.4	8:00	4:28	
3	Sun	6:48	10.0	4:56	7.9			12:23	5.9	8:00	4:29	
4	Mon	7:22	10.0	6:06	7.1	12:08	-1.4	1:28	4.9	8:00	4:30	
5	Tue	7:55	9.9	7:25	6.3	12:53	0.0	2:35	3.7	8:00	4:31	
6	Wed	8:28	9.8	9:05	5.7	1:39	1.5	3:40	2.6	8:00	4:33	
7	Thu	9:01	9.6	11:19	5.8	2:26	3.2	4:42	1.5	7:59	4:34	
8	Fri	9:35	9.4			3:19	4.8	5:39	0.6	7:59	4:35	
9	Sat	1:15	6.7	10:10 AM	9.1	4:30	6.1	6:31	-0.2	7:59	4:36	
10	Sun	2:31	7.7	10:48 AM	8.7	6:01	7.0	7:17	-0.6	7:58	4:37	
11	Mon	3:22	8.5	11:30 AM	8.4	7:32	7.4	7:59	-0.9	7:58	4:39	
12	Tue	4:03	9.0	12:18	8.2	8:46	7.4	8:38	-1.0	7:57	4:40	
13	Wed	4:39	9.3	1:08	8.1	9:37	7.3	9:15	-1.0	7:57	4:41	
14	Thu	5:11	9.4	1:58	7.9	10:16	7.0	9:50	-0.9	7:56	4:43	
15	Fri	5:39	9.3	2:47	7.8	10:51	6.7	10:24	-0.7	7:55	4:44	
16	Sat	6:04	9.3	3:34	7.6	11:28	6.3	10:58	-0.3	7:55	4:45	
17	Sun	6:24	9.2	4:22	7.3			12:08	5.8	7:54	4:47	
18	Mon	6:43	9.2	5:12	6.9			12:50	5.2	7:53	4:48	
19	Tue	7:02	9.2	6:07	6.4	12:04	0.9	1:32	4.5	7:52	4:50	
20	Wed	7:24	9.1	7:08	6.0	12:36	1.8	2:15	3.7	7:51	4:51	
21	Thu	7:49	9.0	8:22	5.6	1:07	2.9	2:59	2.8	7:50	4:53	
22	Fri	8:15	8.9	10:07	5.6	1:36	4.0	3:45	2.0	7:49	4:54	
23	Sat	8:43	8.8			2:03	5.1	4:35	1.1	7:48	4:56	
24	Sun	9:12	8.7					5:27	0.2	7:47	4:57	
25	Mon	2:54	7.2	9:47 AM	8.7	4:08	7.1	6:21	-0.7	7:46	4:59	
26	Tue	3:12	8.0	10:35 AM	8.7	6:10	7.6	7:13	-1.4	7:45	5:00	
27	Wed	3:39	8.6	11:37 AM	8.8	7:27	7.6	8:02	-2.1	7:44	5:02	
28	Thu	4:06	9.0	12:46	8.8	8:26	7.3	8:50	-2.4	7:43	5:04	
29	Fri	4:35	9.3	1:55	8.8	9:18	6.7	9:36	-2.4	7:42	5:05	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sat	5:03	9.5	3:02	8.6	10:09	5.9	10:20	-2.0	7:40	5:07	○
31	Sun	5:31	9.6	4:07	8.3	11:01	4.9	11:04	-1.1	7:39	5:08	○