






Admiralty Head, WA - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 5:13 | 9.2 | 2:39 | 8.6 | 10:01 | 6.7 | 10:11 | -2.1 | 8:00 | 4:28 | ☀ |
| 2 | Sun | 5:46 | 9.5 | 3:31 | 8.5 | 10:50 | 6.4 | 10:54 | -2.0 | 8:00 | 4:29 | ☀ |
| 3 | Mon | 6:20 | 9.7 | 4:26 | 8.1 | 11:44 | 5.9 | 11:37 | -1.6 | 8:00 | 4:30 | ☀ |
| 4 | Tue | 6:55 | 9.8 | 5:26 | 7.6 | | | 12:42 | 5.3 | 8:00 | 4:31 | ☀ |
| 5 | Wed | 7:32 | 9.8 | 6:31 | 6.9 | 12:22 | -0.8 | 1:44 | 4.5 | 8:00 | 4:32 | ☀ |
| 6 | Thu | 8:10 | 9.8 | 7:47 | 6.2 | 1:09 | 0.3 | 2:49 | 3.6 | 8:00 | 4:33 | ☀ |
| 7 | Fri | 8:48 | 9.7 | 9:21 | 5.8 | 1:57 | 1.7 | 3:54 | 2.6 | 7:59 | 4:34 | ☀ |
| 8 | Sat | 9:28 | 9.5 | 11:26 | 5.9 | 2:49 | 3.1 | 4:57 | 1.6 | 7:59 | 4:35 | ☀ |
| 9 | Sun | 10:09 | 9.3 | | | 3:50 | 4.4 | 5:56 | 0.7 | 7:58 | 4:37 | ☀ |
| 10 | Mon | 1:12 | 6.6 | 10:53 AM | 9.1 | 5:05 | 5.6 | 6:49 | -0.1 | 7:58 | 4:38 | ☀ |
| 11 | Tue | 2:25 | 7.5 | 11:39 AM | 8.8 | 6:26 | 6.3 | 7:36 | -0.7 | 7:57 | 4:39 | ☀ |
| 12 | Wed | 3:18 | 8.3 | 12:28 | 8.6 | 7:41 | 6.6 | 8:19 | -1.0 | 7:57 | 4:40 | ☀ |
| 13 | Thu | 4:01 | 8.8 | 1:16 | 8.4 | 8:43 | 6.6 | 8:58 | -1.1 | 7:56 | 4:42 | ☀ |
| 14 | Fri | 4:39 | 9.2 | 2:04 | 8.2 | 9:36 | 6.5 | 9:35 | -1.1 | 7:56 | 4:43 | ☀ |
| 15 | Sat | 5:14 | 9.3 | 2:51 | 8.0 | 10:22 | 6.3 | 10:12 | -0.9 | 7:55 | 4:45 | ☀ |
| 16 | Sun | 5:45 | 9.3 | 3:36 | 7.7 | 11:06 | 6.0 | 10:49 | -0.5 | 7:54 | 4:46 | ☀ |
| 17 | Mon | 6:13 | 9.3 | 4:22 | 7.4 | 11:51 | 5.6 | 11:26 | 0.0 | 7:53 | 4:47 | ☀ |
| 18 | Tue | 6:38 | 9.2 | 5:09 | 7.0 | | | 12:36 | 5.1 | 7:53 | 4:49 | ☀ |
| 19 | Wed | 7:01 | 9.1 | 5:59 | 6.6 | 12:03 | 0.7 | 1:23 | 4.6 | 7:52 | 4:50 | ☀ |
| 20 | Thu | 7:26 | 9.1 | 6:54 | 6.2 | 12:40 | 1.5 | 2:11 | 4.1 | 7:51 | 4:52 | ☀ |
| 21 | Fri | 7:53 | 9.0 | 7:59 | 5.8 | 1:16 | 2.4 | 3:00 | 3.5 | 7:50 | 4:53 | ☀ |
| 22 | Sat | 8:24 | 8.8 | 9:23 | 5.5 | 1:53 | 3.4 | 3:49 | 2.9 | 7:49 | 4:55 | ☀ |
| 23 | Sun | 8:57 | 8.7 | 11:56 | 5.7 | 2:32 | 4.4 | 4:39 | 2.2 | 7:48 | 4:56 | ☀ |
| 24 | Mon | 9:33 | 8.5 | | | 3:21 | 5.3 | 5:29 | 1.5 | 7:47 | 4:58 | ☀ |
| 25 | Tue | 1:46 | 6.4 | 10:13 AM | 8.4 | 4:37 | 6.1 | 6:17 | 0.8 | 7:46 | 4:59 | ☀ |
| 26 | Wed | 2:37 | 7.1 | 10:58 AM | 8.4 | 6:02 | 6.6 | 7:02 | 0.0 | 7:45 | 5:01 | ☀ |
| 27 | Thu | 3:11 | 7.8 | 11:47 AM | 8.4 | 7:11 | 6.8 | 7:46 | -0.7 | 7:43 | 5:03 | ☀ |
| 28 | Fri | 3:41 | 8.3 | 12:41 | 8.5 | 8:06 | 6.6 | 8:28 | -1.3 | 7:42 | 5:04 | ☀ |
| 29 | Sat | 4:10 | 8.7 | 1:38 | 8.6 | 8:54 | 6.3 | 9:11 | -1.6 | 7:41 | 5:06 | ☀ |
| 30 | Sun | 4:39 | 9.1 | 2:36 | 8.6 | 9:40 | 5.8 | 9:53 | -1.7 | 7:40 | 5:07 | ☀ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|--------------|-----|--------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Mon | 5:09 | 9.3 | 3:34 | 8.4 | 10:28 | 5.2 | 10:36 | -1.4 | 7:38 | 5:09 |  |