

Des Moines, WA - Aug 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:18	8.5	10:46	11.9	5:04	1.4	4:31	5.2	5:47	8:43	
2	Fri			1:03	8.7	6:00	0.3	5:37	6.9	5:49	8:41	
3	Sat			2:59	9.6	6:59	-0.7	7:07	8.1	5:50	8:40	
4	Sun	12:21	11.3	4:18	10.6	7:59	-1.5	8:45	8.5	5:51	8:38	
5	Mon	1:23	11.1	5:10	11.4	8:57	-2.2	10:02	8.2	5:53	8:37	
6	Tue	2:26	11.0	5:52	11.9	9:52	-2.6	10:59	7.6	5:54	8:35	
7	Wed	3:28	11.0	6:28	12.1	10:43	-2.8	11:46	6.9	5:55	8:34	
8	Thu	4:26	11.0	7:00	12.2	11:30	-2.6			5:56	8:32	
9	Fri	5:21	10.8	7:30	12.2	12:30	6.1	12:14	-2.0	5:58	8:31	
10	Sat	6:15	10.5	7:57	12.1	1:12	5.3	12:56	-1.1	5:59	8:29	
11	Sun	7:10	10.0	8:25	12.0	1:55	4.4	1:36	0.1	6:00	8:27	
12	Mon	8:06	9.5	8:52	11.8	2:37	3.6	2:16	1.6	6:02	8:26	
13	Tue	9:06	9.0	9:21	11.4	3:20	2.9	2:57	3.3	6:03	8:24	
14	Wed	10:15	8.6	9:51	10.9	4:05	2.2	3:40	4.9	6:04	8:22	
15	Thu	11:40	8.5	10:26	10.3	4:52	1.7	4:33	6.5	6:06	8:21	
16	Fri			1:37	8.8	5:43	1.4	5:54	7.7	6:07	8:19	
17	Sat			3:21	9.6	6:39	1.1	8:14	8.2	6:08	8:17	
18	Sun	12:03	9.3	4:19	10.3	7:36	0.8	9:47	8.0	6:10	8:15	
19	Mon	1:08	9.1	4:58	10.8	8:31	0.4	10:33	7.7	6:11	8:14	
20	Tue	2:10	9.2	5:28	11.1	9:21	-0.1	11:02	7.3	6:12	8:12	
21	Wed	3:03	9.5	5:51	11.3	10:05	-0.6	11:23	6.9	6:14	8:10	
22	Thu	3:49	9.8	6:12	11.4	10:45	-1.0	11:45	6.4	6:15	8:08	
23	Fri	4:33	10.1	6:32	11.6	11:23	-1.1			6:16	8:06	
24	Sat	5:16	10.3	6:53	11.8	12:11	5.6	12:00	-0.9	6:18	8:04	
25	Sun	6:03	10.4	7:17	12.0	12:43	4.6	12:37	-0.3	6:19	8:03	
26	Mon	6:53	10.4	7:43	12.1	1:19	3.5	1:15	0.7	6:20	8:01	
27	Tue	7:48	10.2	8:11	12.1	1:59	2.3	1:54	2.1	6:22	7:59	
28	Wed	8:49	10.0	8:42	11.9	2:42	1.2	2:36	3.7	6:23	7:57	
29	Thu	9:58	9.7	9:16	11.6	3:30	0.3	3:24	5.4	6:24	7:55	
30	Fri	11:22	9.6	9:58	11.2	4:23	-0.3	4:23	6.9	6:26	7:53	
31	Sat			1:14	9.8	5:23	-0.6	5:48	8.0	6:27	7:51	