

Des Moines, WA - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:38	11.5	2:46	9.7	10:19	6.8	9:33	0.0	6:49	5:54	
2	Sun	4:56	11.6	3:29	10.1	10:38	6.1	10:09	-0.1	6:47	5:55	
3	Mon	5:12	11.7	4:12	10.3	11:00	5.3	10:44	0.2	6:45	5:57	
4	Tue	5:29	11.9	4:56	10.5	11:27	4.2	11:18	0.8	6:43	5:58	
5	Wed	5:50	12.1	5:42	10.6	11:59	3.1	11:54	1.7	6:41	6:00	
6	Thu	6:12	12.2	6:32	10.6			12:34	1.9	6:39	6:01	
7	Fri	6:38	12.2	7:27	10.5	12:30	2.9	1:13	0.8	6:37	6:03	
8	Sat	7:05	12.1	8:28	10.3	1:09	4.4	1:56	0.0	6:35	6:04	
9	Sun	7:36	11.8	9:40	10.1	1:52	5.9	2:45	-0.4	6:33	6:06	
10	Mon	8:12	11.4	11:19	10.0	2:43	7.3	3:41	-0.6	6:31	6:07	
11	Tue	8:59	10.8			3:57	8.4	4:45	-0.6	6:29	6:08	
12	Wed	1:19	10.4	10:10 AM	10.2	5:53	8.8	5:56	-0.6	6:27	6:10	
13	Thu	2:32	11.0	11:41 AM	9.8	7:48	8.3	7:06	-0.6	6:25	6:11	
14	Fri	3:17	11.6	1:08	9.9	8:50	7.2	8:09	-0.7	6:23	6:13	
15	Sat	3:51	11.9	2:20	10.2	9:33	6.0	9:04	-0.6	6:21	6:14	
16	Sun	4:19	12.1	3:22	10.5	10:11	4.8	9:51	-0.2	6:19	6:16	
17	Mon	4:44	12.3	4:18	10.7	10:47	3.5	10:34	0.6	6:17	6:17	
18	Tue	5:07	12.3	5:11	10.8	11:22	2.3	11:15	1.7	6:15	6:19	
19	Wed	5:31	12.2	6:03	10.8	11:56	1.3	11:55	3.0	6:13	6:20	
20	Thu	5:56	12.0	6:55	10.7			12:31	0.6	6:11	6:21	
21	Fri	6:22	11.6	7:47	10.6	12:36	4.3	1:07	0.1	6:09	6:23	
22	Sat	6:51	11.1	8:43	10.5	1:18	5.6	1:45	0.0	6:07	6:24	
23	Sun	7:21	10.5	9:46	10.2	2:05	6.8	2:26	0.1	6:05	6:26	
24	Mon	7:56	9.8	11:08	10.1	3:03	7.7	3:14	0.5	6:03	6:27	
25	Tue	8:40	9.1			4:35	8.2	4:09	1.0	6:01	6:28	
26	Wed	12:47	10.1	9:47 AM	8.5	7:15	8.0	5:14	1.3	5:59	6:30	
27	Thu	1:57	10.4	11:16 AM	8.2	8:20	7.4	6:22	1.4	5:57	6:31	
28	Fri	2:39	10.6	12:37	8.4	8:54	6.8	7:23	1.3	5:55	6:33	
29	Sat	3:07	10.8	1:42	8.7	9:16	6.1	8:14	1.2	5:53	6:34	
30	Sun	3:28	11.0	2:35	9.2	9:35	5.2	8:57	1.3	5:51	6:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	3:46	11.3	3:23	9.7	9:55	4.1	9:36	1.6	5:49	6:37	