

Des Moines, WA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:25	11.4	8:25	12.8	12:54	7.9	12:46	-4.0	5:16	9:09	
2	Wed	6:26	10.8	9:05	12.8	1:50	7.2	1:34	-3.2	5:17	9:09	
3	Thu	7:30	10.1	9:44	12.8	2:48	6.4	2:23	-2.0	5:17	9:09	
4	Fri	8:39	9.2	10:22	12.6	3:49	5.3	3:11	-0.4	5:18	9:08	
5	Sat	9:56	8.3	10:59	12.4	4:51	4.2	4:01	1.5	5:19	9:08	
6	Sun	11:28	7.8	11:37	12.1	5:52	2.9	4:55	3.6	5:19	9:08	
7	Mon			1:18	8.0	6:49	1.7	5:59	5.5	5:20	9:07	
8	Tue	12:15	11.6	3:06	8.9	7:42	0.7	7:21	7.0	5:21	9:07	
9	Wed	12:56	11.1	4:25	10.0	8:29	-0.2	8:56	7.8	5:22	9:06	
10	Thu	1:38	10.7	5:21	10.9	9:11	-0.8	10:17	8.1	5:23	9:05	
11	Fri	2:22	10.3	6:04	11.5	9:51	-1.2	11:15	8.0	5:24	9:05	
12	Sat	3:05	10.0	6:39	11.8	10:29	-1.4	11:59	7.9	5:25	9:04	
13	Sun	3:48	9.9	7:09	11.8	11:05	-1.6			5:26	9:03	
14	Mon	4:30	9.9	7:34	11.8	12:32	7.7	11:42 AM	-1.6	5:27	9:03	
15	Tue	5:11	9.8	7:56	11.8	1:00	7.5	12:17	-1.6	5:28	9:02	
16	Wed	5:52	9.7	8:19	11.8	1:28	7.1	12:53	-1.4	5:29	9:01	
17	Thu	6:35	9.5	8:43	11.9	2:00	6.6	1:28	-1.0	5:30	9:00	
18	Fri	7:22	9.1	9:08	12.0	2:35	6.0	2:04	-0.3	5:31	8:59	
19	Sat	8:13	8.7	9:35	12.0	3:15	5.2	2:40	0.8	5:32	8:58	
20	Sun	9:12	8.3	10:04	11.9	3:57	4.2	3:17	2.2	5:33	8:57	
21	Mon	10:21	8.0	10:34	11.8	4:43	3.1	3:57	3.8	5:34	8:56	
22	Tue	11:45	8.0	11:08	11.6	5:33	1.9	4:45	5.5	5:35	8:55	
23	Wed			1:28	8.5	6:25	0.7	5:49	7.0	5:36	8:54	
24	Thu			3:16	9.4	7:20	-0.4	7:17	8.2	5:37	8:53	
25	Fri	12:35	11.3	4:30	10.5	8:16	-1.5	8:48	8.7	5:39	8:52	
26	Sat	1:31	11.3	5:20	11.3	9:11	-2.5	10:02	8.5	5:40	8:51	
27	Sun	2:31	11.4	6:01	11.9	10:04	-3.2	10:59	8.1	5:41	8:50	
28	Mon	3:32	11.5	6:38	12.2	10:55	-3.5	11:50	7.4	5:42	8:48	
29	Tue	4:31	11.5	7:13	12.5	11:44	-3.5			5:43	8:47	
30	Wed	5:30	11.2	7:47	12.6	12:38	6.5	12:31	-2.9	5:45	8:46	
31	Thu	6:31	10.8	8:20	12.6	1:27	5.5	1:16	-1.9	5:46	8:44	