

Des Moines, WA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:15	9.9	7:00	11.7	12:01	7.1	11:17 AM	-1.3	5:47	8:43	
2	Sun	4:58	9.9	7:20	11.6	12:30	6.7	11:52 AM	-1.1	5:48	8:42	
3	Mon	5:40	9.8	7:38	11.6	12:57	6.2	12:27	-0.8	5:49	8:41	
4	Tue	6:22	9.7	7:57	11.6	1:25	5.6	1:00	-0.2	5:51	8:39	
5	Wed	7:06	9.4	8:19	11.7	1:55	4.9	1:33	0.7	5:52	8:38	
6	Thu	7:54	9.1	8:43	11.6	2:29	4.1	2:06	1.8	5:53	8:36	
7	Fri	8:45	8.8	9:10	11.5	3:06	3.3	2:39	3.1	5:54	8:35	
8	Sat	9:44	8.5	9:37	11.2	3:47	2.5	3:15	4.5	5:56	8:33	
9	Sun	10:54	8.4	10:08	10.9	4:32	1.8	3:55	5.9	5:57	8:31	
10	Mon			12:25	8.5	5:22	1.1	4:49	7.3	5:58	8:30	
11	Tue			2:28	9.1	6:18	0.4	6:17	8.3	6:00	8:28	
12	Wed			3:54	10.0	7:18	-0.3	8:05	8.7	6:01	8:27	
13	Thu	12:36	10.3	4:40	10.7	8:18	-1.1	9:24	8.5	6:02	8:25	
14	Fri	1:44	10.5	5:15	11.3	9:15	-1.9	10:17	7.9	6:04	8:23	
15	Sat	2:49	10.8	5:45	11.7	10:07	-2.5	11:01	7.0	6:05	8:22	
16	Sun	3:50	11.2	6:14	12.0	10:56	-2.7	11:45	5.9	6:06	8:20	
17	Mon	4:49	11.3	6:43	12.3	11:42	-2.4			6:08	8:18	
18	Tue	5:48	11.3	7:13	12.5	12:29	4.6	12:27	-1.5	6:09	8:16	
19	Wed	6:48	11.0	7:44	12.6	1:14	3.3	1:11	-0.2	6:10	8:14	
20	Thu	7:51	10.5	8:17	12.5	2:01	2.0	1:56	1.5	6:12	8:13	
21	Fri	8:59	10.0	8:52	12.2	2:50	1.0	2:43	3.4	6:13	8:11	
22	Sat	10:14	9.6	9:30	11.6	3:41	0.3	3:35	5.2	6:14	8:09	
23	Sun	11:47	9.5	10:13	10.9	4:35	0.0	4:41	6.8	6:16	8:07	
24	Mon			1:39	9.8	5:34	0.0	6:20	7.8	6:17	8:05	
25	Tue			3:09	10.5	6:38	0.1	8:24	7.9	6:18	8:03	
26	Wed	12:16	9.5	4:08	11.0	7:43	0.1	9:42	7.4	6:20	8:02	
27	Thu	1:32	9.2	4:51	11.3	8:44	0.0	10:30	6.8	6:21	8:00	
28	Fri	2:39	9.3	5:24	11.4	9:36	-0.1	11:05	6.2	6:22	7:58	
29	Sat	3:33	9.5	5:49	11.3	10:19	-0.1	11:32	5.7	6:24	7:56	
30	Sun	4:19	9.7	6:07	11.3	10:57	0.0	11:56	5.1	6:25	7:54	
31	Mon	5:00	9.9	6:22	11.2	11:30	0.3			6:26	7:52	