

Des Moines, WA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:54	9.7	9:09	12.1	2:12	6.7	1:56	-1.5	5:15	8:58	
2	Wed	7:43	9.3	9:49	12.1	3:00	6.4	2:39	-1.0	5:15	8:59	
3	Thu	8:40	8.9	10:31	12.1	3:54	5.9	3:26	-0.2	5:14	9:00	
4	Fri	9:48	8.4	11:14	12.1	4:52	5.2	4:16	0.9	5:14	9:00	
5	Sat	11:08	8.0	11:59	12.1	5:52	4.1	5:12	2.2	5:13	9:01	
6	Sun			12:38	8.1	6:51	2.8	6:14	3.5	5:13	9:02	
7	Mon	12:44	12.2	2:09	8.6	7:46	1.3	7:23	4.7	5:13	9:03	
8	Tue	1:29	12.2	3:29	9.6	8:37	-0.2	8:33	5.7	5:12	9:03	
9	Wed	2:15	12.2	4:36	10.6	9:25	-1.5	9:40	6.2	5:12	9:04	
10	Thu	3:01	12.2	5:32	11.4	10:12	-2.5	10:41	6.5	5:12	9:05	
11	Fri	3:47	12.0	6:23	12.0	10:57	-3.1	11:38	6.6	5:12	9:05	
12	Sat	4:34	11.8	7:09	12.4	11:42	-3.3			5:11	9:06	
13	Sun	5:23	11.3	7:53	12.6	12:33	6.6	12:26	-3.1	5:11	9:07	
14	Mon	6:14	10.7	8:34	12.6	1:27	6.3	1:10	-2.5	5:11	9:07	
15	Tue	7:08	10.0	9:15	12.5	2:21	6.0	1:55	-1.6	5:11	9:07	
16	Wed	8:05	9.3	9:54	12.3	3:18	5.6	2:40	-0.5	5:11	9:08	
17	Thu	9:06	8.5	10:34	12.0	4:17	5.0	3:26	0.9	5:11	9:08	
18	Fri	10:16	7.9	11:13	11.7	5:16	4.4	4:14	2.3	5:11	9:09	
19	Sat	11:38	7.5	11:54	11.4	6:15	3.6	5:07	3.7	5:11	9:09	
20	Sun			1:13	7.6	7:09	2.8	6:09	5.1	5:12	9:09	
21	Mon	12:35	11.1	2:47	8.2	7:56	1.9	7:20	6.1	5:12	9:09	
22	Tue	1:17	10.8	3:59	9.0	8:38	1.1	8:34	6.8	5:12	9:10	
23	Wed	1:57	10.7	4:52	9.8	9:16	0.3	9:39	7.2	5:12	9:10	
24	Thu	2:37	10.6	5:32	10.4	9:51	-0.4	10:31	7.3	5:13	9:10	
25	Fri	3:15	10.5	6:06	10.9	10:26	-1.0	11:13	7.3	5:13	9:10	
26	Sat	3:53	10.5	6:35	11.3	11:01	-1.5	11:50	7.2	5:14	9:10	
27	Sun	4:31	10.4	7:04	11.7	11:37	-1.9			5:14	9:10	
28	Mon	5:11	10.4	7:34	12.0	12:28	7.0	12:15	-2.0	5:15	9:10	
29	Tue	5:55	10.3	8:06	12.2	1:07	6.6	12:55	-1.9	5:15	9:10	
30	Wed	6:42	10.0	8:40	12.4	1:49	6.1	1:35	-1.6	5:16	9:09	