

Des Moines, WA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:35	9.6	9:15	12.5	2:35	5.5	2:18	-0.8	5:16	9:09	
2	Fri	8:35	9.2	9:53	12.6	3:26	4.6	3:02	0.3	5:17	9:09	
3	Sat	9:43	8.6	10:33	12.5	4:20	3.7	3:50	1.8	5:18	9:09	
4	Sun	11:02	8.3	11:16	12.4	5:17	2.6	4:44	3.3	5:18	9:08	
5	Mon			12:35	8.3	6:17	1.4	5:47	4.9	5:19	9:08	
6	Tue	12:03	12.2	2:16	8.9	7:16	0.3	7:02	6.1	5:20	9:07	
7	Wed	12:54	12.0	3:41	9.8	8:12	-0.8	8:23	6.8	5:21	9:07	
8	Thu	1:47	11.9	4:44	10.8	9:06	-1.7	9:37	7.0	5:21	9:06	
9	Fri	2:41	11.7	5:34	11.5	9:55	-2.3	10:40	6.9	5:22	9:06	
10	Sat	3:33	11.5	6:17	11.9	10:42	-2.6	11:34	6.6	5:23	9:05	
11	Sun	4:24	11.3	6:55	12.2	11:26	-2.6			5:24	9:05	
12	Mon	5:15	10.9	7:30	12.3	12:23	6.2	12:09	-2.2	5:25	9:04	
13	Tue	6:05	10.5	8:03	12.3	1:10	5.7	12:51	-1.6	5:26	9:03	
14	Wed	6:56	10.0	8:34	12.2	1:55	5.2	1:32	-0.7	5:27	9:02	
15	Thu	7:49	9.4	9:07	12.1	2:41	4.6	2:13	0.4	5:28	9:02	
16	Fri	8:45	8.8	9:40	11.8	3:28	4.1	2:54	1.7	5:29	9:01	
17	Sat	9:46	8.3	10:15	11.5	4:16	3.5	3:36	3.1	5:30	9:00	
18	Sun	10:57	8.0	10:54	11.1	5:06	3.0	4:23	4.5	5:31	8:59	
19	Mon			12:25	7.9	5:58	2.4	5:19	5.8	5:32	8:58	
20	Tue			2:08	8.3	6:51	1.8	6:32	6.8	5:33	8:57	
21	Wed	12:23	10.4	3:32	9.0	7:43	1.2	7:59	7.4	5:34	8:56	
22	Thu	1:12	10.2	4:26	9.7	8:31	0.5	9:14	7.5	5:35	8:55	
23	Fri	2:02	10.2	5:05	10.3	9:15	-0.1	10:08	7.4	5:37	8:54	
24	Sat	2:48	10.2	5:35	10.8	9:56	-0.7	10:48	7.1	5:38	8:53	
25	Sun	3:32	10.4	6:02	11.2	10:35	-1.2	11:23	6.7	5:39	8:52	
26	Mon	4:16	10.5	6:28	11.6	11:15	-1.6	11:59	6.1	5:40	8:50	
27	Tue	5:01	10.7	6:56	11.9	11:54	-1.7			5:41	8:49	
28	Wed	5:48	10.7	7:27	12.2	12:38	5.4	12:34	-1.4	5:43	8:48	
29	Thu	6:38	10.5	7:59	12.5	1:19	4.6	1:15	-0.8	5:44	8:47	
30	Fri	7:33	10.2	8:34	12.6	2:04	3.7	1:58	0.2	5:45	8:45	
31	Sat	8:33	9.8	9:12	12.5	2:53	2.7	2:43	1.6	5:46	8:44	