

Des Moines, WA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			1:28	10.9	5:43	0.5	7:33	6.0	7:08	6:48	
2	Sat	12:17	9.1	2:31	11.1	6:53	1.1	8:43	5.1	7:10	6:46	
3	Sun	1:43	9.1	3:18	11.3	8:02	1.6	9:33	4.1	7:11	6:44	
4	Mon	2:56	9.4	3:54	11.4	9:02	1.9	10:13	3.2	7:13	6:42	
5	Tue	3:55	9.8	4:22	11.3	9:53	2.4	10:46	2.4	7:14	6:40	
6	Wed	4:45	10.2	4:46	11.2	10:37	2.9	11:15	1.7	7:15	6:38	
7	Thu	5:28	10.5	5:09	11.1	11:17	3.5	11:42	1.1	7:17	6:36	
8	Fri	6:08	10.8	5:33	11.0	11:53	4.1			7:18	6:34	
9	Sat	6:45	11.0	6:00	10.8	12:10	0.6	12:30	4.7	7:20	6:32	
10	Sun	7:23	11.1	6:29	10.6	12:40	0.2	1:06	5.3	7:21	6:30	
11	Mon	8:01	11.1	7:02	10.2	1:12	0.0	1:45	5.8	7:22	6:28	
12	Tue	8:43	11.1	7:37	9.8	1:48	0.0	2:27	6.3	7:24	6:27	
13	Wed	9:29	10.9	8:16	9.4	2:28	0.1	3:16	6.7	7:25	6:25	
14	Thu	10:20	10.8	9:03	8.9	3:12	0.4	4:14	6.9	7:27	6:23	
15	Fri	11:18	10.7	10:05	8.5	4:02	0.9	5:26	6.9	7:28	6:21	
16	Sat			12:19	10.7	4:59	1.3	6:43	6.5	7:30	6:19	
17	Sun			1:15	10.8	6:00	1.7	7:45	5.7	7:31	6:17	
18	Mon	12:44	8.4	2:01	11.1	7:04	2.0	8:32	4.5	7:32	6:15	
19	Tue	1:58	8.9	2:40	11.5	8:05	2.3	9:12	3.1	7:34	6:14	
20	Wed	3:03	9.7	3:16	11.9	9:02	2.7	9:51	1.6	7:35	6:12	
21	Thu	4:01	10.6	3:51	12.2	9:54	3.1	10:31	0.1	7:37	6:10	
22	Fri	4:55	11.4	4:27	12.4	10:44	3.7	11:12	-1.2	7:38	6:08	
23	Sat	5:49	12.0	5:05	12.5	11:33	4.3	11:55	-2.2	7:40	6:06	
24	Sun	6:42	12.4	5:46	12.3			12:23	5.0	7:41	6:05	
25	Mon	7:36	12.6	6:30	11.9	12:39	-2.6	1:15	5.6	7:43	6:03	
26	Tue	8:32	12.5	7:19	11.3	1:26	-2.6	2:12	6.1	7:44	6:01	
27	Wed	9:31	12.3	8:14	10.5	2:15	-2.1	3:16	6.4	7:46	6:00	
28	Thu	10:32	12.1	9:18	9.6	3:08	-1.2	4:32	6.4	7:47	5:58	
29	Fri	11:37	11.8	10:36	8.7	4:04	-0.1	5:59	6.0	7:49	5:56	
30	Sat			12:39	11.7	5:07	1.1	7:19	5.1	7:50	5:55	
31	Sun	12:08	8.3	12:35	11.6	5:14	2.2	7:21	4.0	6:52	4:53	