

Des Moines, WA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:13	11.2	4:55	10.3	9:27	-0.3	9:54	6.6	5:16	9:09	
2	Sun	2:55	10.9	5:42	10.9	10:06	-0.8	10:50	6.8	5:17	9:09	
3	Mon	3:35	10.6	6:19	11.3	10:41	-1.1	11:35	6.8	5:17	9:09	
4	Tue	4:13	10.4	6:51	11.5	11:15	-1.2			5:18	9:08	
5	Wed	4:50	10.2	7:18	11.6	12:14	6.8	11:48 AM	-1.3	5:19	9:08	
6	Thu	5:29	10.0	7:43	11.7	12:49	6.6	12:23	-1.2	5:19	9:08	
7	Fri	6:09	9.8	8:09	11.8	1:23	6.4	12:58	-1.0	5:20	9:07	
8	Sat	6:50	9.5	8:39	11.9	1:59	6.0	1:34	-0.6	5:21	9:07	
9	Sun	7:35	9.1	9:10	12.0	2:38	5.6	2:11	0.1	5:22	9:06	
10	Mon	8:24	8.7	9:44	12.0	3:20	5.1	2:50	0.9	5:23	9:06	
11	Tue	9:19	8.3	10:20	11.9	4:06	4.4	3:30	1.9	5:24	9:05	
12	Wed	10:23	8.0	10:59	11.7	4:55	3.7	4:16	3.1	5:24	9:04	
13	Thu	11:39	7.9	11:40	11.6	5:47	2.8	5:08	4.4	5:25	9:04	
14	Fri			1:06	8.2	6:41	1.8	6:12	5.5	5:26	9:03	
15	Sat	12:25	11.5	2:33	8.9	7:35	0.6	7:26	6.4	5:27	9:02	
16	Sun	1:14	11.5	3:45	9.8	8:27	-0.6	8:40	6.8	5:28	9:01	
17	Mon	2:04	11.6	4:41	10.7	9:18	-1.6	9:46	6.9	5:29	9:00	
18	Tue	2:56	11.7	5:28	11.5	10:07	-2.5	10:44	6.6	5:30	8:59	
19	Wed	3:48	11.8	6:11	12.1	10:55	-3.0	11:37	6.2	5:32	8:59	
20	Thu	4:42	11.8	6:53	12.5	11:42	-3.1			5:33	8:58	
21	Fri	5:37	11.6	7:34	12.7	12:29	5.6	12:29	-2.8	5:34	8:57	
22	Sat	6:34	11.1	8:15	12.8	1:21	4.9	1:17	-2.0	5:35	8:56	
23	Sun	7:34	10.5	8:56	12.8	2:14	4.2	2:04	-0.8	5:36	8:54	
24	Mon	8:37	9.8	9:37	12.6	3:09	3.5	2:52	0.6	5:37	8:53	
25	Tue	9:46	9.1	10:20	12.2	4:06	2.8	3:43	2.3	5:38	8:52	
26	Wed	11:06	8.6	11:06	11.7	5:06	2.2	4:40	3.9	5:40	8:51	
27	Thu			12:43	8.5	6:07	1.7	5:48	5.3	5:41	8:50	
28	Fri			2:24	9.0	7:07	1.2	7:12	6.3	5:42	8:49	
29	Sat	12:48	10.7	3:42	9.7	8:04	0.7	8:40	6.8	5:43	8:47	
30	Sun	1:42	10.4	4:38	10.4	8:54	0.2	9:50	6.8	5:44	8:46	
31	Mon	2:33	10.2	5:20	10.8	9:38	-0.1	10:41	6.6	5:46	8:45	