

Des Moines, WA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:19	10.1	5:53	11.1	10:17	-0.4	11:20	6.4	5:47	8:43	
2	Wed	4:01	10.1	6:19	11.2	10:53	-0.6	11:52	6.1	5:48	8:42	
3	Thu	4:41	10.1	6:41	11.3	11:27	-0.6			5:49	8:40	
4	Fri	5:19	10.1	7:03	11.5	12:20	5.8	12:01	-0.5	5:51	8:39	
5	Sat	5:59	10.0	7:28	11.6	12:50	5.4	12:35	-0.2	5:52	8:37	
6	Sun	6:39	9.9	7:55	11.7	1:22	4.8	1:10	0.2	5:53	8:36	
7	Mon	7:23	9.7	8:25	11.8	1:57	4.3	1:46	0.9	5:55	8:34	
8	Tue	8:10	9.4	8:57	11.7	2:36	3.6	2:24	1.7	5:56	8:33	
9	Wed	9:02	9.1	9:32	11.6	3:19	3.0	3:04	2.8	5:57	8:31	
10	Thu	10:03	8.9	10:10	11.4	4:06	2.3	3:49	4.0	5:58	8:30	
11	Fri	11:15	8.7	10:54	11.2	4:59	1.7	4:43	5.2	6:00	8:28	
12	Sat			12:41	8.8	5:57	1.0	5:52	6.3	6:01	8:26	
13	Sun			2:13	9.4	6:57	0.3	7:15	6.8	6:02	8:25	
14	Mon	12:45	10.9	3:26	10.2	7:58	-0.5	8:34	6.8	6:04	8:23	
15	Tue	1:47	11.0	4:19	10.9	8:55	-1.3	9:39	6.4	6:05	8:21	
16	Wed	2:48	11.3	5:02	11.5	9:48	-1.8	10:34	5.7	6:06	8:20	
17	Thu	3:46	11.5	5:41	12.0	10:38	-2.0	11:23	4.9	6:08	8:18	
18	Fri	4:42	11.6	6:18	12.3	11:26	-1.9			6:09	8:16	
19	Sat	5:37	11.5	6:55	12.5	12:10	4.0	12:13	-1.3	6:10	8:14	
20	Sun	6:33	11.2	7:32	12.5	12:56	3.2	12:58	-0.4	6:12	8:13	
21	Mon	7:30	10.8	8:10	12.3	1:44	2.5	1:44	0.8	6:13	8:11	
22	Tue	8:29	10.3	8:50	11.9	2:32	1.9	2:31	2.2	6:14	8:09	
23	Wed	9:33	9.8	9:32	11.4	3:22	1.6	3:22	3.7	6:16	8:07	
24	Thu	10:45	9.4	10:17	10.8	4:15	1.4	4:20	5.0	6:17	8:05	
25	Fri			12:12	9.2	5:11	1.4	5:32	6.1	6:18	8:03	
26	Sat			1:49	9.4	6:12	1.3	7:07	6.6	6:20	8:01	
27	Sun	12:11	9.7	3:06	9.9	7:14	1.3	8:37	6.6	6:21	8:00	
28	Mon	1:16	9.4	3:59	10.3	8:13	1.1	9:39	6.3	6:22	7:58	
29	Tue	2:17	9.4	4:38	10.7	9:05	0.9	10:23	5.9	6:24	7:56	
30	Wed	3:09	9.6	5:06	10.8	9:49	0.7	10:55	5.4	6:25	7:54	
31	Thu	3:54	9.8	5:29	11.0	10:28	0.5	11:21	4.9	6:26	7:52	