

Des Moines, WA - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:04	12.6	4:34	11.8	11:35	6.8	11:38	-2.8	7:35	4:21	
2	Sat	6:49	12.9	5:21	11.4			12:26	6.8	7:37	4:20	
3	Sun	7:37	13.1	6:14	10.9	12:24	-2.6	1:22	6.6	7:38	4:20	
4	Mon	8:26	13.1	7:15	10.1	1:12	-2.0	2:24	6.3	7:39	4:19	
5	Tue	9:16	13.0	8:25	9.3	2:03	-1.0	3:32	5.7	7:40	4:19	
6	Wed	10:07	12.9	9:48	8.6	2:57	0.4	4:45	4.8	7:41	4:19	
7	Thu	10:59	12.7	11:26	8.4	3:57	1.9	5:54	3.6	7:42	4:19	
8	Fri	11:50	12.6			5:03	3.4	6:55	2.3	7:43	4:18	
9	Sat	1:07	8.8	12:38	12.4	6:15	4.7	7:46	1.1	7:44	4:18	
10	Sun	2:30	9.7	1:22	12.2	7:29	5.6	8:30	0.1	7:45	4:18	
11	Mon	3:36	10.6	2:03	12.0	8:37	6.3	9:09	-0.7	7:46	4:18	
12	Tue	4:28	11.4	2:41	11.7	9:36	6.7	9:46	-1.2	7:47	4:18	
13	Wed	5:13	11.9	3:17	11.4	10:27	6.9	10:20	-1.4	7:48	4:18	
14	Thu	5:51	12.3	3:54	11.0	11:13	7.1	10:54	-1.5	7:49	4:18	
15	Fri	6:24	12.4	4:32	10.6	11:55	7.1	11:29	-1.3	7:49	4:19	
16	Sat	6:55	12.5	5:11	10.2			12:36	7.0	7:50	4:19	
17	Sun	7:25	12.5	5:54	9.8	12:05	-1.0	1:18	6.9	7:51	4:19	
18	Mon	7:57	12.5	6:39	9.3	12:42	-0.5	2:01	6.6	7:52	4:19	
19	Tue	8:31	12.5	7:30	8.8	1:20	0.2	2:48	6.2	7:52	4:20	
20	Wed	9:07	12.4	8:27	8.2	2:00	1.1	3:39	5.7	7:53	4:20	
21	Thu	9:46	12.2	9:35	7.8	2:42	2.1	4:32	5.0	7:53	4:21	
22	Fri	10:26	12.1	10:55	7.7	3:29	3.3	5:24	4.2	7:54	4:21	
23	Sat	11:08	11.9			4:22	4.5	6:14	3.1	7:54	4:22	
24	Sun	12:24	8.0	11:50 AM	11.8	5:24	5.6	7:00	2.0	7:55	4:22	
25	Mon	1:47	8.8	12:33	11.8	6:34	6.5	7:43	0.7	7:55	4:23	
26	Tue	2:52	9.8	1:15	11.9	7:43	7.0	8:26	-0.5	7:55	4:24	
27	Wed	3:44	10.8	1:58	12.0	8:44	7.3	9:09	-1.6	7:56	4:24	
28	Thu	4:29	11.7	2:42	12.1	9:39	7.3	9:52	-2.5	7:56	4:25	
29	Fri	5:11	12.4	3:29	12.2	10:31	7.2	10:36	-2.9	7:56	4:26	
30	Sat	5:52	12.9	4:19	12.0	11:21	6.9	11:22	-3.0	7:56	4:27	
31	Sun	6:34	13.3	5:11	11.7			12:13	6.4	7:56	4:28	