

Des Moines, WA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:21	13.5	6:08	11.1	12:09	-2.8	1:09	6.1	7:56	4:29	
2	Tue	8:05	13.6	7:10	10.4	12:57	-1.9	2:07	5.5	7:56	4:30	
3	Wed	8:49	13.5	8:18	9.5	1:46	-0.7	3:09	4.7	7:56	4:31	
4	Thu	9:35	13.3	9:38	8.8	2:37	0.9	4:14	3.8	7:56	4:32	
5	Fri	10:22	12.9	11:14	8.5	3:33	2.6	5:19	2.9	7:56	4:33	
6	Sat	11:10	12.6			4:36	4.3	6:22	1.9	7:56	4:34	
7	Sun	1:01	8.9	12:00	12.2	5:51	5.8	7:18	0.9	7:55	4:35	
8	Mon	2:31	9.7	12:50	11.8	7:14	6.7	8:06	0.2	7:55	4:36	
9	Tue	3:37	10.7	1:36	11.5	8:32	7.2	8:49	-0.4	7:55	4:37	
10	Wed	4:27	11.4	2:20	11.2	9:35	7.3	9:27	-0.8	7:54	4:38	
11	Thu	5:07	11.9	3:00	10.9	10:24	7.2	10:02	-1.0	7:54	4:40	
12	Fri	5:40	12.2	3:39	10.7	11:05	7.1	10:37	-1.0	7:53	4:41	
13	Sat	6:08	12.3	4:18	10.5	11:41	7.0	11:11	-0.9	7:53	4:42	
14	Sun	6:32	12.4	4:58	10.3			12:14	6.7	7:52	4:43	
15	Mon	6:57	12.4	5:39	10.0			12:47	6.3	7:52	4:45	
16	Tue	7:23	12.5	6:22	9.7	12:20	-0.2	1:23	5.9	7:51	4:46	
17	Wed	7:53	12.5	7:08	9.3	12:56	0.5	2:02	5.4	7:50	4:48	
18	Thu	8:25	12.4	8:00	8.9	1:32	1.3	2:45	4.9	7:50	4:49	
19	Fri	8:59	12.3	8:59	8.5	2:10	2.3	3:32	4.2	7:49	4:50	
20	Sat	9:36	12.1	10:11	8.2	2:52	3.6	4:23	3.5	7:48	4:52	
21	Sun	10:16	11.8	11:38	8.3	3:39	4.9	5:17	2.6	7:47	4:53	
22	Mon	11:00	11.6			4:40	6.1	6:11	1.6	7:46	4:55	
23	Tue	1:14	9.0	11:49 AM	11.5	5:57	7.1	7:05	0.5	7:45	4:56	
24	Wed	2:33	9.9	12:40	11.6	7:18	7.6	7:57	-0.6	7:44	4:58	
25	Thu	3:30	10.9	1:33	11.7	8:28	7.6	8:46	-1.6	7:43	4:59	
26	Fri	4:14	11.8	2:26	11.9	9:27	7.3	9:34	-2.3	7:42	5:01	
27	Sat	4:54	12.4	3:19	12.0	10:19	6.8	10:21	-2.7	7:41	5:02	
28	Sun	5:33	12.9	4:14	12.0	11:08	6.1	11:07	-2.6	7:40	5:04	
29	Mon	6:11	13.3	5:09	11.8	11:57	5.4	11:54	-2.0	7:39	5:05	
30	Tue	6:50	13.5	6:07	11.3			12:47	4.6	7:37	5:07	
31	Wed	7:29	13.5	7:07	10.7	12:40	-1.0	1:39	3.8	7:36	5:08	