

Des Moines, WA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:16	7.7	11:13	11.5	5:12	4.7	4:17	2.6	5:16	9:09	
2	Mon	11:30	7.4	11:54	11.4	6:04	3.9	5:06	3.8	5:16	9:09	
3	Tue			12:55	7.5	6:54	3.0	6:04	4.9	5:17	9:09	
4	Wed	12:35	11.2	2:21	8.1	7:42	2.0	7:11	5.9	5:18	9:09	
5	Thu	1:17	11.1	3:33	9.0	8:26	0.9	8:20	6.5	5:18	9:08	
6	Fri	1:58	11.1	4:28	9.9	9:08	-0.2	9:23	6.9	5:19	9:08	
7	Sat	2:40	11.2	5:14	10.7	9:51	-1.3	10:19	7.0	5:20	9:07	
8	Sun	3:23	11.4	5:55	11.4	10:33	-2.2	11:10	6.9	5:21	9:07	
9	Mon	4:08	11.5	6:36	12.0	11:17	-2.8	11:59	6.7	5:22	9:06	
10	Tue	4:56	11.5	7:16	12.4			12:02	-3.1	5:22	9:06	
11	Wed	5:48	11.3	7:57	12.7	12:48	6.2	12:47	-3.0	5:23	9:05	
12	Thu	6:43	10.9	8:39	12.8	1:40	5.7	1:34	-2.4	5:24	9:04	
13	Fri	7:43	10.3	9:21	12.9	2:34	5.0	2:22	-1.3	5:25	9:04	
14	Sat	8:48	9.6	10:05	12.8	3:32	4.2	3:12	0.1	5:26	9:03	
15	Sun	10:01	8.9	10:50	12.5	4:33	3.3	4:05	1.7	5:27	9:02	
16	Mon	11:27	8.4	11:38	12.2	5:36	2.4	5:05	3.4	5:28	9:01	
17	Tue			1:08	8.5	6:40	1.5	6:14	4.9	5:29	9:01	
18	Wed	12:28	11.8	2:47	9.1	7:40	0.6	7:35	6.0	5:30	9:00	
19	Thu	1:20	11.5	4:03	10.0	8:35	-0.2	8:57	6.6	5:31	8:59	
20	Fri	2:11	11.1	5:00	10.8	9:23	-0.7	10:06	6.7	5:32	8:58	
21	Sat	2:59	10.8	5:45	11.3	10:06	-1.1	11:01	6.6	5:33	8:57	
22	Sun	3:44	10.6	6:22	11.6	10:46	-1.3	11:45	6.5	5:35	8:56	
23	Mon	4:26	10.4	6:52	11.7	11:23	-1.3			5:36	8:55	
24	Tue	5:07	10.2	7:19	11.7	12:23	6.3	11:58 AM	-1.1	5:37	8:54	
25	Wed	5:48	10.0	7:43	11.7	12:58	6.0	12:34	-0.8	5:38	8:52	
26	Thu	6:29	9.8	8:09	11.7	1:31	5.7	1:09	-0.4	5:39	8:51	
27	Fri	7:13	9.5	8:38	11.7	2:06	5.2	1:45	0.2	5:40	8:50	
28	Sat	7:59	9.1	9:09	11.7	2:44	4.7	2:22	1.1	5:42	8:49	
29	Sun	8:49	8.7	9:43	11.6	3:25	4.2	3:00	2.1	5:43	8:48	
30	Mon	9:45	8.4	10:19	11.3	4:10	3.6	3:40	3.2	5:44	8:46	
31	Tue	10:51	8.1	10:58	11.1	4:59	3.0	4:26	4.4	5:45	8:45	